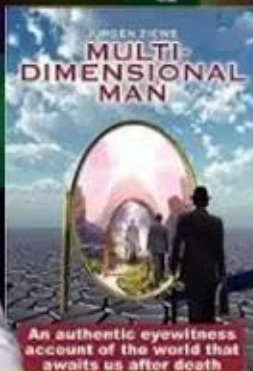


# Jurgen Ziewe

## skeptiko #465



**Ecstasy of Higher Consciousness**

### **Skeptiko Topics:**

Consciousness Science

Parapsychology

Near-Death Experience

Spirituality

Skeptics/Skepticism

Psi

Psychics & Mediums

Atheism

UFO

Neuroscience

Conspiracy Theories

Contactee Experience

OBE

1  
00:00:05,110 --> 00:00:03,189  
the pain inside is devouring you robbing

2  
00:00:08,790 --> 00:00:05,120  
you of joy and

3  
00:00:11,830 --> 00:00:08,800  
crippling your capacity to love

4  
00:00:13,110 --> 00:00:11,840  
i can't you're not stuck because you

5  
00:00:19,349 --> 00:00:13,120  
can't

6  
00:00:24,710 --> 00:00:22,470  
that's from the movie the shack which if

7  
00:00:27,349 --> 00:00:24,720  
you've seen it or read the book you know

8  
00:00:28,310 --> 00:00:27,359  
it does a pretty good job of exploring

9  
00:00:31,429 --> 00:00:28,320  
this

10  
00:00:32,630 --> 00:00:31,439  
impossible interplay that we're all in

11  
00:00:35,750 --> 00:00:32,640  
between

12  
00:00:38,950 --> 00:00:35,760  
consensus reality and the

13  
00:00:40,069 --> 00:00:38,960

impossible to understand extended

14

00:00:43,110 --> 00:00:40,079

reality

15

00:00:45,190 --> 00:00:43,120

that seems to pop up now and then

16

00:00:48,229 --> 00:00:45,200

it's a topic that i explored with the

17

00:00:49,430 --> 00:00:48,239

extraordinary astral traveler jurgen

18

00:00:52,069 --> 00:00:49,440

ziva

19

00:00:53,029 --> 00:00:52,079

here are a couple of clips i was at that

20

00:00:56,869 --> 00:00:53,039

time

21

00:00:59,510 --> 00:00:56,879

a painting taught by a vienna surrealist

22

00:01:00,470 --> 00:00:59,520

and so that went on really well but then

23

00:01:04,549 --> 00:01:00,480

one night

24

00:01:07,910 --> 00:01:04,559

i i had extreme experience

25

00:01:10,950 --> 00:01:07,920

like a poltergeist thing i had this

26

00:01:13,990 --> 00:01:10,960

picture of a demon on my easel and it

27

00:01:15,190 --> 00:01:14,000

fell off and not only that but an

28

00:01:17,109 --> 00:01:15,200

ashtray

29

00:01:19,350 --> 00:01:17,119

which was next to it was cut i put it

30

00:01:22,469 --> 00:01:19,360

across the room

31

00:01:25,109 --> 00:01:22,479

and at that time i just didn't believe

32

00:01:25,670 --> 00:01:25,119

in anything supernatural and anything

33

00:01:29,270 --> 00:01:25,680

like that

34

00:01:33,510 --> 00:01:29,280

was totally out of my ram

35

00:01:36,630 --> 00:01:33,520

i stood at the shore of a ocean

36

00:01:37,429 --> 00:01:36,640

and the waves crashing in towards me

37

00:01:41,830 --> 00:01:37,439

were

38

00:01:45,109 --> 00:01:41,840

made out of light and each light

39

00:01:46,870 --> 00:01:45,119

each wave that came to me was a was a

40

00:01:50,230 --> 00:01:46,880

revelation

41

00:01:52,389 --> 00:01:50,240

was offering a higher state of

42

00:01:55,749 --> 00:01:52,399

consciousness

43

00:01:58,310 --> 00:01:55,759

and when i thought oh and and all the

44

00:02:02,469 --> 00:01:58,320

time this was happening i was

45

00:02:05,270 --> 00:02:02,479

in a state of total ecstasy

46

00:02:08,389 --> 00:02:05,280

and every time a new wave came crashing

47

00:02:10,869 --> 00:02:08,399

in on me there was another revelation

48

00:02:13,270 --> 00:02:10,879

not just a revelation but an even higher

49

00:02:14,949 --> 00:02:13,280

state of consciousness

50

00:02:17,750 --> 00:02:14,959

welcome to skeptico where we explore

51  
00:02:20,229 --> 00:02:17,760  
controversial science and spirituality

52  
00:02:22,150 --> 00:02:20,239  
with leading researchers thinkers and

53  
00:02:24,790 --> 00:02:22,160  
their critics

54  
00:02:25,670 --> 00:02:24,800  
as you know the show is primarily about

55  
00:02:28,790 --> 00:02:25,680  
consciousness

56  
00:02:29,830 --> 00:02:28,800  
and what i like to call extended

57  
00:02:33,350 --> 00:02:29,840  
consciousness

58  
00:02:34,229 --> 00:02:33,360  
that is all that strange but impossible

59  
00:02:37,030 --> 00:02:34,239  
to deny

60  
00:02:38,710 --> 00:02:37,040  
stuff that seems to be happening beyond

61  
00:02:43,110 --> 00:02:38,720  
space and time in these

62  
00:02:46,390 --> 00:02:43,120  
metaphysical realms and i'm really keen

63  
00:02:49,670 --> 00:02:46,400

on people who are kind of

64

00:02:51,030 --> 00:02:49,680

undaunted in their effort to enter into

65

00:02:53,190 --> 00:02:51,040

those realms and try and

66

00:02:54,309 --> 00:02:53,200

bring them back and bring them down to a

67

00:02:58,309 --> 00:02:54,319

level of

68

00:03:00,790 --> 00:02:58,319

if not science at least a pre-scientific

69

00:03:02,630 --> 00:03:00,800

deeper understanding of them and that's

70

00:03:05,509 --> 00:03:02,640

one thing that i've always thought

71

00:03:06,949 --> 00:03:05,519

is so super impressive about the work of

72

00:03:09,990 --> 00:03:06,959

today's guest

73

00:03:11,350 --> 00:03:10,000

jurgen ziva and jurgen was on the show a

74

00:03:13,990 --> 00:03:11,360

couple years ago

75

00:03:15,110 --> 00:03:14,000

and then i've begun this kind of

76

00:03:18,550 --> 00:03:15,120

intensive

77

00:03:20,149 --> 00:03:18,560

investigation into evil not for evil

78

00:03:22,949 --> 00:03:20,159

sake but maybe as this

79

00:03:24,390 --> 00:03:22,959

leads to maybe giving us a different

80

00:03:25,990 --> 00:03:24,400

understanding of these extended

81

00:03:27,990 --> 00:03:26,000

consciousness realms

82

00:03:29,750 --> 00:03:28,000

and there i am in the skeptical form and

83

00:03:30,470 --> 00:03:29,760

i'm kind of babbling on and people are

84

00:03:32,470 --> 00:03:30,480

like

85

00:03:33,670 --> 00:03:32,480

you have to talk to jurgen go back to

86

00:03:35,949 --> 00:03:33,680

jurgen he

87

00:03:37,430 --> 00:03:35,959

has the most extensive and

88

00:03:39,509 --> 00:03:37,440

well-documented

89

00:03:40,949 --> 00:03:39,519

exploration through his out-of-body

90

00:03:42,949 --> 00:03:40,959

experiences

91

00:03:45,430 --> 00:03:42,959

into these realms and has really tried

92

00:03:47,030 --> 00:03:45,440

to catalog him and i was like

93

00:03:49,350 --> 00:03:47,040

hit up myself on the head i'm like of

94

00:03:52,390 --> 00:03:49,360

course this guy

95

00:03:53,830 --> 00:03:52,400

really has the good so a

96

00:03:55,509 --> 00:03:53,840

couple more things about jurgen that

97

00:03:57,710 --> 00:03:55,519

you're going to want to know

98

00:03:59,429 --> 00:03:57,720

he has some amazing books out

99

00:04:02,710 --> 00:03:59,439

multi-dimensional man

100

00:04:05,350 --> 00:04:02,720

vistas of infinity the 10-minute moment

101  
00:04:06,470 --> 00:04:05,360  
please go and check those out they are

102  
00:04:09,190 --> 00:04:06,480  
amazing

103  
00:04:10,869 --> 00:04:09,200  
he also has a incredible website

104  
00:04:13,190 --> 00:04:10,879  
multi-dimensional man

105  
00:04:14,710 --> 00:04:13,200  
where he features all sorts of

106  
00:04:15,589 --> 00:04:14,720  
interviews that he's done in the past

107  
00:04:17,749 --> 00:04:15,599  
and other

108  
00:04:19,749 --> 00:04:17,759  
amazing stuff and then as i was talking

109  
00:04:22,710 --> 00:04:19,759  
to jurgen before this interview

110  
00:04:23,749 --> 00:04:22,720  
and i was he kind of saw some of the

111  
00:04:25,670 --> 00:04:23,759  
questions in the place

112  
00:04:27,590 --> 00:04:25,680  
i was going he alerted me to the fact

113  
00:04:29,749 --> 00:04:27,600

that he has this

114

00:04:31,510 --> 00:04:29,759

really great and i hate to just kind of

115

00:04:32,310 --> 00:04:31,520

be pumping all this stuff up but it's

116

00:04:35,110 --> 00:04:32,320

fantastic

117

00:04:35,590 --> 00:04:35,120

i've been i haven't even had a chance to

118

00:04:37,030 --> 00:04:35,600

watch

119

00:04:39,030 --> 00:04:37,040

all of these because it's been a super

120

00:04:42,230 --> 00:04:39,040

busy week for me but i'm going to watch

121

00:04:45,990 --> 00:04:42,240

every single one of them in this

122

00:04:49,270 --> 00:04:46,000

multi-part series of afterlife answers

123

00:04:50,150 --> 00:04:49,280

and again it's jurgen sharing what he's

124

00:04:54,230 --> 00:04:50,160

learned

125

00:04:56,790 --> 00:04:54,240

from these extended realms so

126

00:04:59,270 --> 00:04:56,800

this is a real treat this is truly one

127

00:05:03,110 --> 00:04:59,280

of the pioneers and one of the most

128

00:05:04,790 --> 00:05:03,120

i think important explorers

129

00:05:06,629 --> 00:05:04,800

i want to say researchers because in so

130

00:05:08,629 --> 00:05:06,639

many ways he is but will reserve that

131

00:05:09,189 --> 00:05:08,639

word for a careful scientific kind of

132

00:05:13,510 --> 00:05:09,199

way

133

00:05:15,670 --> 00:05:13,520

but explorers and documenters of

134

00:05:17,510 --> 00:05:15,680

extended consciousness which is really

135

00:05:19,510 --> 00:05:17,520

where where all the action

136

00:05:21,749 --> 00:05:19,520

is you're going sorry for going on and

137

00:05:22,790 --> 00:05:21,759

on thank you so much for coming on and

138

00:05:24,629 --> 00:05:22,800

joining me

139

00:05:27,830 --> 00:05:24,639

yeah thank you it's nice to see you

140

00:05:30,870 --> 00:05:27,840

again alex it's good to talk to you

141

00:05:34,710 --> 00:05:30,880

so folks who are jumping into this

142

00:05:36,870 --> 00:05:34,720

take a big step back for the uninitiated

143

00:05:38,390 --> 00:05:36,880

can you tell folks a little bit about oh

144

00:05:39,590 --> 00:05:38,400

you know cause like there's so much to

145

00:05:43,350 --> 00:05:39,600

you man i left out

146

00:05:45,270 --> 00:05:43,360

an amazing artist just an amazing artist

147

00:05:48,070 --> 00:05:45,280

commercial artist but now moved into

148

00:05:49,830 --> 00:05:48,080

doing other just fantastic works that

149

00:05:52,550 --> 00:05:49,840

anyone to look at and say wow that's

150

00:05:54,550 --> 00:05:52,560

that's really great stuff so please

151  
00:05:55,590 --> 00:05:54,560  
fill in the bar the bio there you're

152  
00:05:57,510 --> 00:05:55,600  
going to tell people

153  
00:05:58,629 --> 00:05:57,520  
what you're about how this came to be

154  
00:06:02,070 --> 00:05:58,639  
and

155  
00:06:02,950 --> 00:06:02,080  
what is going on in your collective body

156  
00:06:06,150 --> 00:06:02,960  
work

157  
00:06:08,230 --> 00:06:06,160  
yeah i've got it started off

158  
00:06:10,469 --> 00:06:08,240  
really when i was in my early 20s when i

159  
00:06:14,710 --> 00:06:10,479  
went to art school in hamburg

160  
00:06:18,309 --> 00:06:14,720  
and i experimented there was in the

161  
00:06:20,390 --> 00:06:18,319  
early 70s late 60s

162  
00:06:22,150 --> 00:06:20,400  
as you do when you are not student you

163  
00:06:25,430 --> 00:06:22,160

experiment with all kinds of

164

00:06:28,550 --> 00:06:25,440

substances one of them was lsd

165

00:06:31,990 --> 00:06:28,560

at that time it was still legal

166

00:06:34,950 --> 00:06:32,000

so there was no fear attached to

167

00:06:36,469 --> 00:06:34,960

it that's the thing that's in the normal

168

00:06:38,469 --> 00:06:36,479

fear that oneness

169

00:06:40,629 --> 00:06:38,479

yeah that's the normal fear that comes

170

00:06:44,070 --> 00:06:40,639

to the experience

171

00:06:47,670 --> 00:06:44,080

but that was really an an event which

172

00:06:48,629 --> 00:06:47,680

uh catapulted me after about a year or

173

00:06:52,230 --> 00:06:48,639

so

174

00:06:55,510 --> 00:06:52,240

into a deep state of depression

175

00:06:56,710 --> 00:06:55,520

so in order to get out of it i somebody

176  
00:06:59,589 --> 00:06:56,720  
suggested to

177  
00:07:00,830 --> 00:06:59,599  
take up meditation so i enrolled on the

178  
00:07:04,070 --> 00:07:00,840  
course of

179  
00:07:06,870 --> 00:07:04,080  
tm and of course

180  
00:07:08,950 --> 00:07:06,880  
the depression went almost magically

181  
00:07:10,629 --> 00:07:08,960  
after about three months

182  
00:07:11,990 --> 00:07:10,639  
and then i became very curiously

183  
00:07:14,469 --> 00:07:12,000  
interested in

184  
00:07:16,150 --> 00:07:14,479  
in the phenomena of meditation i started

185  
00:07:18,390 --> 00:07:16,160  
reading up all the books that were

186  
00:07:21,350 --> 00:07:18,400  
written about it and so i started

187  
00:07:22,950 --> 00:07:21,360  
embarking on this which was a very

188  
00:07:26,309 --> 00:07:22,960

fashionable

189

00:07:28,230 --> 00:07:26,319

pursuit in those days as it was a hippie

190

00:07:31,430 --> 00:07:28,240

movement going to india

191

00:07:33,909 --> 00:07:31,440

and i embarked on this uh adventure of

192

00:07:39,110 --> 00:07:33,919

meditation

193

00:07:45,270 --> 00:07:42,469

you know the essence of it so i even

194

00:07:45,589 --> 00:07:45,280

you know meditated for about sort of

195

00:07:48,790 --> 00:07:45,599

five

196

00:07:51,830 --> 00:07:48,800

six hours a day at one stage and

197

00:07:55,029 --> 00:07:51,840

nothing really happened except

198

00:07:57,510 --> 00:07:55,039

i got into some quite dark areas

199

00:07:59,270 --> 00:07:57,520

to the point that i started painting

200

00:08:01,430 --> 00:07:59,280

very dark pictures

201  
00:08:02,790 --> 00:08:01,440  
so what happened i tapped into my

202  
00:08:05,830 --> 00:08:02,800  
unconscious

203  
00:08:09,350 --> 00:08:05,840  
and out came these demonic

204  
00:08:12,469 --> 00:08:09,360  
creatures i was at that time painting

205  
00:08:13,589 --> 00:08:12,479  
taught by a vienna surrealist and so

206  
00:08:17,270 --> 00:08:13,599  
that went on

207  
00:08:20,070 --> 00:08:17,280  
really well but then one night i

208  
00:08:21,589 --> 00:08:20,080  
i had to sort of cut it extreme

209  
00:08:24,950 --> 00:08:21,599  
experience

210  
00:08:27,990 --> 00:08:24,960  
like a poltergeist thing i had this

211  
00:08:31,029 --> 00:08:28,000  
picture of a demon on my easel and it

212  
00:08:32,230 --> 00:08:31,039  
fell off and not only that but an

213  
00:08:34,149 --> 00:08:32,240

ashtray

214

00:08:36,389 --> 00:08:34,159

which was next to it was cut i put it

215

00:08:39,430 --> 00:08:36,399

across the room

216

00:08:40,389 --> 00:08:39,440

and at that time i just didn't believe

217

00:08:42,709 --> 00:08:40,399

in anything

218

00:08:43,829 --> 00:08:42,719

supernatural and anything like that it

219

00:08:47,990 --> 00:08:43,839

was totally

220

00:08:52,870 --> 00:08:48,000

out of my realm but um i was

221

00:08:55,030 --> 00:08:52,880

totally fearful you know and uh

222

00:08:56,389 --> 00:08:55,040

so i i thought i give this whole thing

223

00:08:58,870 --> 00:08:56,399

up it's not

224

00:09:00,550 --> 00:08:58,880

getting me anywhere and it's negative

225

00:09:04,389 --> 00:09:00,560

and i don't like it

226

00:09:07,100 --> 00:09:04,399

so i i just returned to normal life

227

00:09:08,470 --> 00:09:07,110

but then six months later also

228

00:09:10,790 --> 00:09:08,480

[Music]

229

00:09:13,190 --> 00:09:10,800

time later i had a spontaneous peak

230

00:09:15,829 --> 00:09:13,200

experience

231

00:09:17,590 --> 00:09:15,839

and that was when i was having breakfast

232

00:09:20,710 --> 00:09:17,600

eating a sandwich i lost

233

00:09:24,550 --> 00:09:20,720

my connection with my

234

00:09:28,550 --> 00:09:24,560

hands and my breakfast and before

235

00:09:31,670 --> 00:09:28,560

long i was in a completely

236

00:09:33,910 --> 00:09:31,680

different state of consciousness i wrote

237

00:09:35,910 --> 00:09:33,920

about in my first book

238

00:09:38,470 --> 00:09:35,920

and i've reported about it but this

239

00:09:41,350 --> 00:09:38,480

totally changed my life

240

00:09:44,150 --> 00:09:41,360

not only did i experience for the first

241

00:09:48,710 --> 00:09:44,160

time in my life that i wasn't the body

242

00:09:53,990 --> 00:09:51,829

there's no such thing as me as i

243

00:09:56,070 --> 00:09:54,000

understood myself

244

00:09:58,470 --> 00:09:56,080

for about three weeks i was walking

245

00:10:02,230 --> 00:09:58,480

around in a space which was

246

00:10:02,790 --> 00:10:02,240

myself and then gradually i i returned

247

00:10:06,069 --> 00:10:02,800

but

248

00:10:10,069 --> 00:10:06,079

my life wasn't the same on top of that

249

00:10:11,829 --> 00:10:10,079

something was triggered i had a few

250

00:10:13,110 --> 00:10:11,839

months later i started having lucid

251

00:10:16,230 --> 00:10:13,120

dreams and then i had

252

00:10:17,990 --> 00:10:16,240

full blown out of body experiences again

253

00:10:20,389 --> 00:10:18,000

if anybody would have talked to me

254

00:10:21,430 --> 00:10:20,399

about it before i would have just told

255

00:10:24,870 --> 00:10:21,440

them they are sort of

256

00:10:27,750 --> 00:10:24,880

superstitious or lunatics

257

00:10:28,710 --> 00:10:27,760

so i didn't know what had happened and

258

00:10:31,990 --> 00:10:28,720

then i

259

00:10:34,310 --> 00:10:32,000

i started investigating into it and i

260

00:10:37,350 --> 00:10:34,320

found out yes it's such a phenomenal

261

00:10:38,870 --> 00:10:37,360

phenomena of art of body experiences and

262

00:10:42,790 --> 00:10:38,880

so it started from there

263

00:10:46,710 --> 00:10:42,800

i then became curious and followed it up

264

00:10:47,910 --> 00:10:46,720

and what followed after that was some 40

265

00:10:51,030 --> 00:10:47,920

nearly 50 years

266

00:10:54,150 --> 00:10:51,040

of inner experiences which

267

00:10:57,990 --> 00:10:54,160

unfolded as i

268

00:11:01,350 --> 00:10:58,000

kept meditating as i got deeper into it

269

00:11:04,310 --> 00:11:01,360

and it's still unfolding

270

00:11:05,430 --> 00:11:04,320

i mean when i wrote my book uh the 10

271

00:11:09,670 --> 00:11:05,440

minute moment

272

00:11:12,829 --> 00:11:09,680

in 2013 that for me was another

273

00:11:15,829 --> 00:11:12,839

breakthrough experience

274

00:11:18,949 --> 00:11:15,839

because at that time i was in a modest

275

00:11:20,710 --> 00:11:18,959

in in a sort of solitary retreat in the

276

00:11:24,230 --> 00:11:20,720

scottish mountains i was

277

00:11:25,190 --> 00:11:24,240

experiencing what i can only describe as

278

00:11:29,590 --> 00:11:25,200

a unity

279

00:11:32,790 --> 00:11:29,600

consciousness and after that i couldn't

280

00:11:35,590 --> 00:11:32,800

go back to my old sort of narrow

281

00:11:37,190 --> 00:11:35,600

self again it was almost the way i

282

00:11:42,710 --> 00:11:37,200

described it is was

283

00:11:45,110 --> 00:11:42,720

as if my cage made out of frosted glass

284

00:11:47,110 --> 00:11:45,120

had fallen to pieces and i couldn't put

285

00:11:49,670 --> 00:11:47,120

it back together again to see the

286

00:11:50,389 --> 00:11:49,680

things the way they were so after that

287

00:11:53,190 --> 00:11:50,399

um

288

00:11:55,590 --> 00:11:53,200

i wrote my book uh multi-dimensional man

289

00:11:57,910 --> 00:11:55,600

which was basically chronicling all my

290

00:12:00,629 --> 00:11:57,920

outer body experiences i had

291

00:12:02,069 --> 00:12:00,639

right from the beginning and i just

292

00:12:05,509 --> 00:12:02,079

wanted to

293

00:12:08,870 --> 00:12:05,519

keep a record of it and make sense

294

00:12:10,629 --> 00:12:08,880

and then the book came out purely by

295

00:12:13,430 --> 00:12:10,639

chance because my daughter

296

00:12:14,870 --> 00:12:13,440

found the manuscripts my diaries and she

297

00:12:19,269 --> 00:12:14,880

became curious

298

00:12:21,030 --> 00:12:19,279

she wanted to read them and i said

299

00:12:24,150 --> 00:12:21,040

and she said well you can't read your

300

00:12:26,230 --> 00:12:24,160

writing can you type it all out for me

301

00:12:27,829 --> 00:12:26,240

and i was curious because i hadn't

302

00:12:29,590 --> 00:12:27,839

looked at them for a long time so i

303

00:12:32,870 --> 00:12:29,600

started typing them out

304

00:12:34,310 --> 00:12:32,880

and and sure enough out of it came a

305

00:12:37,509 --> 00:12:34,320

book

306

00:12:38,710 --> 00:12:37,519

and that was the beginning and then in

307

00:12:41,750 --> 00:12:38,720

2013 i

308

00:12:45,590 --> 00:12:41,760

i wrote 10 minute moment and in

309

00:12:48,629 --> 00:12:45,600

2015 i wrote the second out of body book

310

00:12:52,870 --> 00:12:48,639

business of infinity now that followed

311

00:12:55,509 --> 00:12:52,880

on from 2008 to 2015

312

00:12:57,430 --> 00:12:55,519

seven years of very very intense

313

00:13:01,030 --> 00:12:57,440

experiences

314

00:13:02,069 --> 00:13:01,040

all together i was about if i add up all

315

00:13:05,509 --> 00:13:02,079

the time and the hours

316

00:13:08,150 --> 00:13:05,519

i spent 60 hours

317

00:13:10,069 --> 00:13:08,160

in alternative realities 60 hours which

318

00:13:12,230 --> 00:13:10,079

is longer than most people

319

00:13:15,110 --> 00:13:12,240

would spend when they have a near death

320

00:13:18,069 --> 00:13:15,120

experience also so i had plenty of

321

00:13:20,310 --> 00:13:18,079

opportunity to actually do in-depth

322

00:13:23,910 --> 00:13:20,320

investigation and research

323

00:13:27,190 --> 00:13:23,920

and that was all combined in this

324

00:13:29,590 --> 00:13:27,200

you know business of infinity there's so

325

00:13:31,750 --> 00:13:29,600

many interesting parts of that story

326

00:13:33,509 --> 00:13:31,760

just have a million questions right

327

00:13:34,870 --> 00:13:33,519

there but let me start with a couple of

328

00:13:36,310 --> 00:13:34,880

those

329

00:13:38,389 --> 00:13:36,320

one as we're chatting about just a

330

00:13:42,310 --> 00:13:38,399

second before i hit the record button

331

00:13:45,670 --> 00:13:42,320

i think the kind of intersection

332

00:13:48,870 --> 00:13:45,680

of you as a visual artist and then

333

00:13:52,150 --> 00:13:48,880

as an experiencer of this extended

334

00:13:54,710 --> 00:13:52,160

auto body realm kind of thing is

335

00:13:55,829 --> 00:13:54,720

is super interesting you mentioned as we

336

00:13:58,790 --> 00:13:55,839

began to roll tape

337

00:14:00,710 --> 00:13:58,800

that you're really interested in virtual

338

00:14:01,350 --> 00:14:00,720

reality right now and you kind of have

339

00:14:03,110 --> 00:14:01,360

the

340

00:14:05,509 --> 00:14:03,120

green screen image but you're kind of

341

00:14:08,310 --> 00:14:05,519

immersing yourself in different

342

00:14:09,110 --> 00:14:08,320

uh technological realities which is

343

00:14:10,870 --> 00:14:09,120

something

344

00:14:14,069 --> 00:14:10,880

we'll leave that to maybe the end to

345

00:14:17,350 --> 00:14:14,079

talk about but i'm interested in the

346

00:14:19,509 --> 00:14:17,360

what you understand to be

347

00:14:21,590 --> 00:14:19,519

to me kind of a strange intersection

348

00:14:24,629 --> 00:14:21,600

between visual artists

349

00:14:27,430 --> 00:14:24,639

and the way that you chronicled this

350

00:14:29,430 --> 00:14:27,440

like an accountant or like a you know

351  
00:14:29,990 --> 00:14:29,440  
like a bookkeeper to go in and make

352  
00:14:32,790 --> 00:14:30,000  
these

353  
00:14:35,269 --> 00:14:32,800  
intensely detailed records and anyone

354  
00:14:37,189 --> 00:14:35,279  
who's tried to keep even a dream journal

355  
00:14:39,030 --> 00:14:37,199  
you know knows that that's a hard

356  
00:14:41,990 --> 00:14:39,040  
process to stay on top of

357  
00:14:44,790 --> 00:14:42,000  
and you did this for years and years

358  
00:14:47,910 --> 00:14:44,800  
have you given any thought to

359  
00:14:48,230 --> 00:14:47,920  
what drove you and and how that relates

360  
00:14:51,509 --> 00:14:48,240  
to

361  
00:14:53,030 --> 00:14:51,519  
this kind of visual artist sensibility

362  
00:14:54,710 --> 00:14:53,040  
that you have is there anything there

363  
00:14:56,790 --> 00:14:54,720

that's interesting to you

364

00:14:57,990 --> 00:14:56,800

yeah the thing is of course i've been

365

00:15:01,670 --> 00:14:58,000

all always very

366

00:15:05,269 --> 00:15:01,680

highly visual you know person i mean

367

00:15:08,550 --> 00:15:05,279

um i see when i connect to

368

00:15:10,710 --> 00:15:08,560

events or you know thoughts

369

00:15:13,350 --> 00:15:10,720

you know i see them in a highly visual

370

00:15:16,550 --> 00:15:13,360

way i mean

371

00:15:17,509 --> 00:15:16,560

right from when i was a child you know

372

00:15:22,310 --> 00:15:17,519

and

373

00:15:24,470 --> 00:15:22,320

write i started writing little stories

374

00:15:26,790 --> 00:15:24,480

about the things i actually experienced

375

00:15:30,310 --> 00:15:26,800

inside inside myself

376

00:15:31,430 --> 00:15:30,320

and and i i remember traveling through

377

00:15:34,870 --> 00:15:31,440

space

378

00:15:37,749 --> 00:15:34,880

you know and

379

00:15:39,269 --> 00:15:37,759

visiting other planets and of course the

380

00:15:42,629 --> 00:15:39,279

visual stimulus was

381

00:15:43,990 --> 00:15:42,639

absolutely overwhelming and i was sort

382

00:15:47,030 --> 00:15:44,000

of fortunate enough

383

00:15:50,870 --> 00:15:47,040

that i i could draw you know

384

00:15:54,069 --> 00:15:50,880

so initially um

385

00:15:56,470 --> 00:15:54,079

when i first started trying to document

386

00:15:58,870 --> 00:15:56,480

these experiences visually i couldn't

387

00:16:02,310 --> 00:15:58,880

really think of how you can possibly

388

00:16:04,310 --> 00:16:02,320

represent this so i thought watercolor

389

00:16:05,749 --> 00:16:04,320

is probably the best medium because

390

00:16:10,069 --> 00:16:05,759

watercolor

391

00:16:13,030 --> 00:16:10,079

is a has a luminosity

392

00:16:13,910 --> 00:16:13,040

which with which you can easily

393

00:16:17,030 --> 00:16:13,920

represent

394

00:16:17,829 --> 00:16:17,040

the atmosphere like like the lights you

395

00:16:20,150 --> 00:16:17,839

know so

396

00:16:20,949 --> 00:16:20,160

i was drawn to watercolor and for a long

397

00:16:24,150 --> 00:16:20,959

period i

398

00:16:26,310 --> 00:16:24,160

i tried to paint in watercolor but they

399

00:16:28,389 --> 00:16:26,320

were mostly abstract

400

00:16:29,910 --> 00:16:28,399

because there was no way i could

401  
00:16:34,150 --> 00:16:29,920  
reproduce

402  
00:16:36,550 --> 00:16:34,160  
the visual abundance which i experienced

403  
00:16:37,749 --> 00:16:36,560  
just with a few brush strokes but out of

404  
00:16:41,829 --> 00:16:37,759  
the watercolor

405  
00:16:45,269 --> 00:16:41,839  
you emerged a few shapes and things so i

406  
00:16:45,990 --> 00:16:45,279  
i focused in on these and then i started

407  
00:16:49,749 --> 00:16:46,000  
doing

408  
00:16:53,110 --> 00:16:49,759  
um improvisational paintings

409  
00:16:54,790 --> 00:16:53,120  
basically being in the moment and doing

410  
00:16:59,030 --> 00:16:54,800  
abstract work

411  
00:17:03,670 --> 00:16:59,040  
and occasionally out of the abstract

412  
00:17:06,470 --> 00:17:03,680  
paintings i did visions emerged

413  
00:17:07,270 --> 00:17:06,480

triggered by the color and the energy

414

00:17:10,710 --> 00:17:07,280

you know

415

00:17:12,230 --> 00:17:10,720

and and i suddenly was drawn into

416

00:17:14,470 --> 00:17:12,240

a completely different state of

417

00:17:17,909 --> 00:17:14,480

consciousness which was

418

00:17:20,630 --> 00:17:17,919

um aided by the fact that

419

00:17:22,870 --> 00:17:20,640

the improvisational paintings happened

420

00:17:26,710 --> 00:17:22,880

totally in the here and now

421

00:17:30,150 --> 00:17:26,720

so there was no no agenda no plan

422

00:17:33,909 --> 00:17:30,160

of doing that and this here now uh

423

00:17:35,110 --> 00:17:33,919

gateway opened me up to enter into

424

00:17:38,549 --> 00:17:35,120

completely different

425

00:17:41,510 --> 00:17:38,559

kinds of realities and then one painting

426

00:17:45,590 --> 00:17:41,520

in particular in 1980

427

00:17:47,909 --> 00:17:45,600

when i got up in the morning to meditate

428

00:17:49,190 --> 00:17:47,919

i looked at a painting i did the

429

00:17:52,630 --> 00:17:49,200

previous

430

00:17:55,750 --> 00:17:52,640

abstract

431

00:17:57,990 --> 00:17:55,760

but suddenly my vision was drawn behind

432

00:18:00,710 --> 00:17:58,000

the brush strokes

433

00:18:01,669 --> 00:18:00,720

and i closed my eyes and i had probably

434

00:18:04,710 --> 00:18:01,679

one of the most

435

00:18:07,750 --> 00:18:04,720

intensive out of body experiences which

436

00:18:10,390 --> 00:18:07,760

probably lasted a couple of hours but

437

00:18:13,510 --> 00:18:10,400

before then years before that i met an

438

00:18:16,470 --> 00:18:13,520

inner master a chinese guy who sort of

439

00:18:17,110 --> 00:18:16,480

who taught me basically you know guided

440

00:18:18,870 --> 00:18:17,120

me

441

00:18:20,950 --> 00:18:18,880

and you have to bear in mind i never had

442

00:18:23,110 --> 00:18:20,960

a teacher

443

00:18:25,029 --> 00:18:23,120

you know as in meditation i never sort

444

00:18:27,909 --> 00:18:25,039

of went down this route

445

00:18:28,630 --> 00:18:27,919

but i had this chinese master who sort

446

00:18:32,470 --> 00:18:28,640

of

447

00:18:38,230 --> 00:18:35,510

riddles to solve and

448

00:18:39,669 --> 00:18:38,240

and at one stage he would communicate

449

00:18:43,430 --> 00:18:39,679

with me via

450

00:18:46,310 --> 00:18:43,440

symbols and he would

451  
00:18:48,310 --> 00:18:46,320  
give me these symbols and the symbols

452  
00:18:51,510 --> 00:18:48,320  
had the effect of

453  
00:18:53,990 --> 00:18:51,520  
raising my awareness and taking me into

454  
00:18:55,990 --> 00:18:54,000  
a different state of consciousness

455  
00:18:58,070 --> 00:18:56,000  
it's very difficult to describe but i

456  
00:18:59,750 --> 00:18:58,080  
sometimes think of crop circles

457  
00:19:01,750 --> 00:18:59,760  
you know what do they mean you know i

458  
00:19:04,230 --> 00:19:01,760  
think there's something

459  
00:19:05,990 --> 00:19:04,240  
from a higher dimensional level which

460  
00:19:09,190 --> 00:19:06,000  
cannot be communicated

461  
00:19:11,669 --> 00:19:09,200  
in in human language in words

462  
00:19:13,669 --> 00:19:11,679  
and the effect of these symbols was that

463  
00:19:15,830 --> 00:19:13,679

they made a direct link

464

00:19:18,310 --> 00:19:15,840

to a state of consciousness which went

465

00:19:21,510 --> 00:19:18,320

beyond the human mind that's how i

466

00:19:23,909 --> 00:19:21,520

i saw it and then

467

00:19:26,150 --> 00:19:23,919

and then after when i looked at this

468

00:19:28,390 --> 00:19:26,160

painting i was doing

469

00:19:31,270 --> 00:19:28,400

i closed my eyes i meditate i had the

470

00:19:33,110 --> 00:19:31,280

most tremendous out-of-body experience

471

00:19:35,590 --> 00:19:33,120

and in this out-of-body experience i

472

00:19:37,830 --> 00:19:35,600

went through all the different levels of

473

00:19:38,789 --> 00:19:37,840

consciousness through the astral level

474

00:19:45,510 --> 00:19:38,799

the lower

475

00:19:48,789 --> 00:19:45,520

higher mind i saw

476

00:19:51,190 --> 00:19:48,799

things which absolutely i've never

477

00:19:52,150 --> 00:19:51,200

experienced and never seen before i

478

00:19:59,350 --> 00:19:52,160

could

479

00:20:01,669 --> 00:19:59,360

and form had sound had animation

480

00:20:04,830 --> 00:20:01,679

abstract swords they were no longer

481

00:20:12,630 --> 00:20:08,950

incredible um

482

00:20:14,630 --> 00:20:12,640

fascinating shapes which are difficult

483

00:20:16,470 --> 00:20:14,640

to describe but the moment i looked at

484

00:20:20,470 --> 00:20:16,480

these thoughts

485

00:20:22,149 --> 00:20:20,480

i could understand a whole philosophy

486

00:20:24,950 --> 00:20:22,159

which was behind this

487

00:20:26,070 --> 00:20:24,960

these thoughts which would have taken

488

00:20:30,070 --> 00:20:26,080

days

489

00:20:32,710 --> 00:20:30,080

to unravel so these

490

00:20:36,710 --> 00:20:32,720

so the symbols which this chinese master

491

00:20:39,350 --> 00:20:36,720

sent me was a gateway into this

492

00:20:40,549 --> 00:20:39,360

super dimensional level which allowed me

493

00:20:43,750 --> 00:20:40,559

to expand

494

00:20:47,350 --> 00:20:43,760

into a way of

495

00:20:51,750 --> 00:20:47,360

spirit or thinking or no a

496

00:20:56,149 --> 00:20:51,760

state of mind which went totally beyond

497

00:20:59,590 --> 00:20:56,159

our human limited way of reasoning

498

00:21:02,390 --> 00:20:59,600

and this this was um this was

499

00:21:04,070 --> 00:21:02,400

an absolute revelation i wrote about in

500

00:21:07,830 --> 00:21:04,080

multi-dimensional man

501  
00:21:09,190 --> 00:21:07,840  
but this was not the end then my master

502  
00:21:11,430 --> 00:21:09,200  
sort of

503  
00:21:12,710 --> 00:21:11,440  
came to me again and then he took me

504  
00:21:17,750 --> 00:21:12,720  
beyond

505  
00:21:20,390 --> 00:21:17,760  
this dimension of of the mind

506  
00:21:20,789 --> 00:21:20,400  
when you say your master came to you in

507  
00:21:23,830 --> 00:21:20,799  
this

508  
00:21:27,590 --> 00:21:23,840  
uh extended realm master or

509  
00:21:29,110 --> 00:21:27,600  
yes yes he was the the thing was he was

510  
00:21:31,830 --> 00:21:29,120  
only a presence

511  
00:21:33,190 --> 00:21:31,840  
he didn't have a physical but i could

512  
00:21:35,830 --> 00:21:33,200  
hear him

513  
00:21:38,470 --> 00:21:35,840

i could uh be communicated via thoughts

514

00:21:41,110 --> 00:21:38,480

he had a presence and he also community

515

00:21:42,549 --> 00:21:41,120

communicated his sort of sense of humor

516

00:21:45,350 --> 00:21:42,559

as we were

517

00:21:45,990 --> 00:21:45,360

exploring and then he then i went into

518

00:21:49,669 --> 00:21:46,000

this

519

00:21:53,590 --> 00:21:49,679

state of uh i i suppose samadhi

520

00:21:55,350 --> 00:21:53,600

you know i suddenly found i found myself

521

00:21:58,950 --> 00:21:55,360

in the

522

00:21:59,909 --> 00:21:58,960

the way i i described it was i stood at

523

00:22:08,950 --> 00:21:59,919

the

524

00:22:12,870 --> 00:22:08,960

in towards me were made out of light

525

00:22:13,190 --> 00:22:12,880

and each light each wave that came to me

526  
00:22:21,350 --> 00:22:13,200  
was

527  
00:22:24,710 --> 00:22:21,360  
offering a higher state of consciousness

528  
00:22:26,070 --> 00:22:24,720  
and when i thought oh and and all the

529  
00:22:31,430 --> 00:22:26,080  
time this was happening

530  
00:22:34,230 --> 00:22:31,440  
i was in a state of total ecstasy

531  
00:22:37,350 --> 00:22:34,240  
and every time a new wave came crashing

532  
00:22:39,830 --> 00:22:37,360  
in on me there was another revelation

533  
00:22:42,310 --> 00:22:39,840  
not just a revelation but an even higher

534  
00:22:45,750 --> 00:22:42,320  
state of consciousness

535  
00:22:49,669 --> 00:22:45,760  
and this went on and on and

536  
00:22:52,710 --> 00:22:49,679  
and the ecstasy in itself was

537  
00:22:54,870 --> 00:22:52,720  
was not just a feeling the ecstasy in

538  
00:22:58,310 --> 00:22:54,880

itself was a revelation

539

00:23:00,950 --> 00:22:58,320  
of a different kind you know so

540

00:23:01,669 --> 00:23:00,960  
so this is so difficult to describe

541

00:23:04,149 --> 00:23:01,679  
because

542

00:23:05,669 --> 00:23:04,159  
it's not something that can be easily

543

00:23:07,909 --> 00:23:05,679  
processed

544

00:23:09,830 --> 00:23:07,919  
through the mind because it's totally

545

00:23:12,950 --> 00:23:09,840  
beyond

546

00:23:14,310 --> 00:23:12,960  
you know but what one can normally sort

547

00:23:19,270 --> 00:23:14,320  
of make sense of

548

00:23:21,190 --> 00:23:19,280  
but the thing was i came out of this

549

00:23:23,909 --> 00:23:21,200  
and i think i only had about three

550

00:23:26,390 --> 00:23:23,919  
experiences like this in my whole life

551  
00:23:28,950 --> 00:23:26,400  
which were of the same sort of intensity

552  
00:23:31,590 --> 00:23:28,960  
the first one i mentioned earlier

553  
00:23:35,029 --> 00:23:31,600  
um you know after having my sandwich the

554  
00:23:39,909 --> 00:23:35,039  
second one in 2018 and the third one

555  
00:23:43,110 --> 00:23:39,919  
in scotland when i was on the retreat

556  
00:23:46,310 --> 00:23:43,120  
and each time these happen

557  
00:23:49,590 --> 00:23:46,320  
you know you you get to a new

558  
00:23:52,470 --> 00:23:49,600  
state and of course

559  
00:23:53,190 --> 00:23:52,480  
along the way there are different

560  
00:23:57,430 --> 00:23:53,200  
different

561  
00:24:00,950 --> 00:23:57,440  
um things that happened you know

562  
00:24:03,029 --> 00:24:00,960  
little um jumps

563  
00:24:03,990 --> 00:24:03,039

along the way where you're sort of

564

00:24:06,390 --> 00:24:04,000

opening yourself

565

00:24:07,350 --> 00:24:06,400

up to other insights you know and i

566

00:24:11,830 --> 00:24:07,360

think

567

00:24:14,630 --> 00:24:11,840

my my focus on my

568

00:24:16,230 --> 00:24:14,640

inner life my artistic focus going back

569

00:24:19,350 --> 00:24:16,240

to what you just said

570

00:24:22,630 --> 00:24:19,360

is very much to do with going beyond

571

00:24:25,430 --> 00:24:22,640

traditional reasoning

572

00:24:25,830 --> 00:24:25,440

thinking it's it's just going beyond

573

00:24:29,350 --> 00:24:25,840

that

574

00:24:30,549 --> 00:24:29,360

where language is no longer the

575

00:24:33,590 --> 00:24:30,559

appropriate

576  
00:24:36,070 --> 00:24:33,600  
means of embracing

577  
00:24:38,470 --> 00:24:36,080  
the experience you know and i think

578  
00:24:41,830 --> 00:24:38,480  
that's where the two things

579  
00:24:44,630 --> 00:24:41,840  
joined oh that's that's

580  
00:24:45,590 --> 00:24:44,640  
really really fascinating on so many

581  
00:24:48,230 --> 00:24:45,600  
levels

582  
00:24:49,750 --> 00:24:48,240  
you know the one question i guess i or

583  
00:24:52,950 --> 00:24:49,760  
area i wanted to

584  
00:24:55,269 --> 00:24:52,960  
dig into a little bit is this idea of

585  
00:24:56,070 --> 00:24:55,279  
mapping which you've really tried to do

586  
00:24:59,190 --> 00:24:56,080  
so like

587  
00:25:00,310 --> 00:24:59,200  
mapping these extended realms and the

588  
00:25:02,870 --> 00:25:00,320

way you do that

589

00:25:04,549 --> 00:25:02,880

is really important because we need that

590

00:25:07,190 --> 00:25:04,559

and then the second is the meaning

591

00:25:07,830 --> 00:25:07,200

part and i it seems to me like you're

592

00:25:10,870 --> 00:25:07,840

careful

593

00:25:13,750 --> 00:25:10,880

about separating those two

594

00:25:13,990 --> 00:25:13,760

to a certain extent as opposed to people

595

00:25:17,350 --> 00:25:14,000

who

596

00:25:19,190 --> 00:25:17,360

jump into the meaning part you know

597

00:25:20,710 --> 00:25:19,200

like a lot of my investigation up to

598

00:25:21,669 --> 00:25:20,720

this point has been in the near death

599

00:25:23,669 --> 00:25:21,679

experience

600

00:25:25,029 --> 00:25:23,679

and one of the reasons i like the near

601  
00:25:27,029 --> 00:25:25,039  
death experience

602  
00:25:28,470 --> 00:25:27,039  
is we can ground ourselves in some

603  
00:25:30,470 --> 00:25:28,480  
science there

604  
00:25:31,990 --> 00:25:30,480  
in some respects we have to say it's

605  
00:25:34,470 --> 00:25:32,000  
very

606  
00:25:36,310 --> 00:25:34,480  
faulty science because it's a science

607  
00:25:37,909 --> 00:25:36,320  
based on the idea that consciousness

608  
00:25:41,430 --> 00:25:37,919  
doesn't even exist

609  
00:25:43,669 --> 00:25:41,440  
but even in falsifying that

610  
00:25:44,950 --> 00:25:43,679  
premise falsifying that paradigm is a

611  
00:25:47,190 --> 00:25:44,960  
huge step forward

612  
00:25:48,390 --> 00:25:47,200  
so what the near-death experience does

613  
00:25:51,190 --> 00:25:48,400

is it

614

00:25:53,750 --> 00:25:51,200  
follows it from a just boots up or

615

00:25:56,390 --> 00:25:53,760  
bottom-up way of saying okay

616

00:25:56,950 --> 00:25:56,400  
what is what were the vitals of that

617

00:25:58,789 --> 00:25:56,960  
person

618

00:26:00,310 --> 00:25:58,799  
before they had their cardiac arrest how

619

00:26:03,750 --> 00:26:00,320  
did we measure it afterwards

620

00:26:04,190 --> 00:26:03,760  
and then what were they able to retrieve

621

00:26:07,909 --> 00:26:04,200  
in

622

00:26:10,390 --> 00:26:07,919  
chronicle i like the science of that

623

00:26:11,029 --> 00:26:10,400  
and i would even suggest that in the

624

00:26:13,909 --> 00:26:11,039  
last

625

00:26:14,950 --> 00:26:13,919  
10 years almost more than anything i can

626  
00:26:18,870 --> 00:26:14,960  
think of

627  
00:26:20,470 --> 00:26:18,880  
that science has changed the dialogue

628  
00:26:23,510 --> 00:26:20,480  
in some fundamental ways that we don't

629  
00:26:25,990 --> 00:26:23,520  
even realize around consciousness

630  
00:26:27,190 --> 00:26:26,000  
the the materialistic consciousness is

631  
00:26:30,470 --> 00:26:27,200  
illusion stuff

632  
00:26:31,190 --> 00:26:30,480  
it just doesn't hold up and even the

633  
00:26:33,510 --> 00:26:31,200  
people who are

634  
00:26:34,950 --> 00:26:33,520  
spinning it out there you can see

635  
00:26:37,990 --> 00:26:34,960  
they're kind of like

636  
00:26:41,269 --> 00:26:38,000  
no that isn't going to work and

637  
00:26:44,549 --> 00:26:41,279  
i kind of think i shouldn't say i think

638  
00:26:45,430 --> 00:26:44,559

i'm wondering and i'm hopeful that we

639

00:26:48,710 --> 00:26:45,440

can make

640

00:26:51,269 --> 00:26:48,720

just that similar kind of step with

641

00:26:52,070 --> 00:26:51,279

these extended consciousness realms and

642

00:26:55,510 --> 00:26:52,080

i think you

643

00:26:58,789 --> 00:26:55,520

have such a key role to play in that so

644

00:27:00,390 --> 00:26:58,799

it's not a matter of i want to

645

00:27:02,070 --> 00:27:00,400

immediately as everybody does

646

00:27:04,149 --> 00:27:02,080

ask you what it means what did that

647

00:27:04,870 --> 00:27:04,159

demon mean and why did it fly off the

648

00:27:06,950 --> 00:27:04,880

thing and

649

00:27:08,630 --> 00:27:06,960

is that real are we co-creators of

650

00:27:10,470 --> 00:27:08,640

reality what about tulpas

651  
00:27:13,269 --> 00:27:10,480  
and all the rest of that kind of stuff

652  
00:27:16,950 --> 00:27:13,279  
but i want to take a step back and say

653  
00:27:17,909 --> 00:27:16,960  
how would we begin to in the best way

654  
00:27:20,870 --> 00:27:17,919  
possible

655  
00:27:21,830 --> 00:27:20,880  
just start mapping these realms in a way

656  
00:27:24,389 --> 00:27:21,840  
that might be

657  
00:27:26,230 --> 00:27:24,399  
understandable and useful to us does

658  
00:27:29,110 --> 00:27:26,240  
does that make sense what i'm

659  
00:27:30,149 --> 00:27:29,120  
saying yeah i'm fascinated by science

660  
00:27:33,029 --> 00:27:30,159  
you know i'm a real

661  
00:27:35,190 --> 00:27:33,039  
bit of a science addict and right from

662  
00:27:37,669 --> 00:27:35,200  
the beginning i thought the best

663  
00:27:38,310 --> 00:27:37,679

way to deal with this experience is to

664

00:27:41,590 --> 00:27:38,320

be as

665

00:27:44,710 --> 00:27:41,600

factual as i possibly can

666

00:27:47,669 --> 00:27:44,720

and just record it and ever since i saw

667

00:27:51,750 --> 00:27:47,679

myself as a reporter rather than

668

00:27:55,430 --> 00:27:51,760

a theoretician or somebody who

669

00:27:58,549 --> 00:27:55,440

can make sense of it because there are

670

00:28:03,029 --> 00:27:58,559

a lot more people better qualified to

671

00:28:04,149 --> 00:28:03,039

to evaluate or the data i see what i'm

672

00:28:07,909 --> 00:28:04,159

producing

673

00:28:11,750 --> 00:28:07,919

is basically data reports

674

00:28:12,230 --> 00:28:11,760

you know and and there were some people

675

00:28:14,830 --> 00:28:12,240

who have

676

00:28:16,230 --> 00:28:14,840

taken it as such and there were

677

00:28:18,470 --> 00:28:16,240

scientists and

678

00:28:19,430 --> 00:28:18,480

looking at it from purely from the

679

00:28:22,870 --> 00:28:19,440

evidential

680

00:28:27,990 --> 00:28:22,880

on the reporting aspect of it i

681

00:28:31,990 --> 00:28:28,000

i tried to in my books i tried to

682

00:28:34,389 --> 00:28:32,000

find some sense or come to some

683

00:28:35,909 --> 00:28:34,399

explanation in it but it never really

684

00:28:38,950 --> 00:28:35,919

quite worked

685

00:28:43,190 --> 00:28:38,960

because i'm an artist you know

686

00:28:46,389 --> 00:28:43,200

i did i did meet tom campbell

687

00:28:49,669 --> 00:28:46,399

he has built his own uh model

688

00:28:50,710 --> 00:28:49,679

of reality he's much better equipped to

689

00:28:54,710 --> 00:28:50,720

do that

690

00:28:58,310 --> 00:28:54,720

but when i look at all these models

691

00:29:00,470 --> 00:28:58,320

in the end it comes always back to

692

00:29:02,710 --> 00:29:00,480

we just want to have a narrative we want

693

00:29:05,590 --> 00:29:02,720

to make sense of it

694

00:29:07,669 --> 00:29:05,600

okay and we want the explanation we have

695

00:29:10,310 --> 00:29:07,679

always done that we went

696

00:29:12,470 --> 00:29:10,320

like the greeks they invented their gods

697

00:29:16,149 --> 00:29:12,480

to make sense of reality

698

00:29:19,269 --> 00:29:16,159

and and we just still want to do that

699

00:29:22,710 --> 00:29:19,279

but the difficulty is

700

00:29:26,149 --> 00:29:22,720

the moment we dress it into

701

00:29:29,909 --> 00:29:26,159

into this duality of words

702

00:29:32,149 --> 00:29:29,919

we inevitably leave an aspect out

703

00:29:34,310 --> 00:29:32,159

which is beyond it which cannot be

704

00:29:36,549 --> 00:29:34,320

easily explained

705

00:29:37,750 --> 00:29:36,559

and the moment we do that we start

706

00:29:41,510 --> 00:29:37,760

limiting

707

00:29:42,470 --> 00:29:41,520

these and and i found reality is a very

708

00:29:46,070 --> 00:29:42,480

dynamic

709

00:29:47,430 --> 00:29:46,080

process the moment the moment you try to

710

00:29:50,389 --> 00:29:47,440

catch it

711

00:29:51,190 --> 00:29:50,399

it's like herding cats you know the

712

00:29:53,430 --> 00:29:51,200

moment you

713

00:29:54,870 --> 00:29:53,440

you think i've got it all under control

714

00:29:58,470 --> 00:29:54,880

now that's how it

715

00:30:01,909 --> 00:29:58,480

is a religion is born

716

00:30:03,909 --> 00:30:01,919

you know and so so one one possible

717

00:30:05,510 --> 00:30:03,919

explanation for that in very simple

718

00:30:08,549 --> 00:30:05,520

terms is that

719

00:30:11,669 --> 00:30:08,559

we are in the wrong dimension

720

00:30:12,789 --> 00:30:11,679

to to do that just so let me hit you

721

00:30:14,389 --> 00:30:12,799

with just you know work

722

00:30:16,070 --> 00:30:14,399

i kind of set up that i wasn't going to

723

00:30:16,710 --> 00:30:16,080

do this but i am going to do this kind

724

00:30:19,669 --> 00:30:16,720

of just

725

00:30:20,470 --> 00:30:19,679

ask you the question and then based on

726

00:30:22,630 --> 00:30:20,480

your

727

00:30:23,669 --> 00:30:22,640

experience what do you think do you

728

00:30:27,750 --> 00:30:23,679

think

729

00:30:30,070 --> 00:30:27,760

this is because this is like so commonly

730

00:30:30,950 --> 00:30:30,080

expressed right the near what what you

731

00:30:32,470 --> 00:30:30,960

just said so

732

00:30:34,470 --> 00:30:32,480

take your experience which is an

733

00:30:35,269 --> 00:30:34,480

out-of-body experience which is

734

00:30:37,029 --> 00:30:35,279

different

735

00:30:38,549 --> 00:30:37,039

than a near-death experience we don't

736

00:30:40,710 --> 00:30:38,559

know in what way it's different

737

00:30:42,149 --> 00:30:40,720

but we accept going in that it's

738

00:30:43,830 --> 00:30:42,159

different because you weren't dead at

739

00:30:44,470 --> 00:30:43,840

the very least from a physiological

740

00:30:45,510 --> 00:30:44,480

standpoint

741

00:30:47,110 --> 00:30:45,520

and then we start seeing these

742

00:30:48,149 --> 00:30:47,120

similarities like what you'll hear over

743

00:30:50,630 --> 00:30:48,159

and over again is

744

00:30:51,990 --> 00:30:50,640

a near-death experience will come back

745

00:30:53,350 --> 00:30:52,000

and these are people who are truly dead

746

00:30:54,789 --> 00:30:53,360

i always mention this because

747

00:30:56,310 --> 00:30:54,799

people get hung up on this and they go

748

00:30:57,190 --> 00:30:56,320

you don't realize they weren't really

749

00:30:59,669 --> 00:30:57,200

dead it's like

750

00:31:00,950 --> 00:30:59,679

really go talk to dr sam parnia the

751  
00:31:02,710 --> 00:31:00,960  
leading

752  
00:31:03,990 --> 00:31:02,720  
resuscitation expert in the world and

753  
00:31:06,070 --> 00:31:04,000  
also a near-death experience

754  
00:31:08,149 --> 00:31:06,080  
and he'll tell you no these people were

755  
00:31:09,590 --> 00:31:08,159  
more dead than most accounts we have

756  
00:31:09,990 --> 00:31:09,600  
because we had them in a hospital and we

757  
00:31:13,590 --> 00:31:10,000  
know

758  
00:31:14,710 --> 00:31:13,600  
their the physical condition they were

759  
00:31:16,870 --> 00:31:14,720  
in but i digress

760  
00:31:18,149 --> 00:31:16,880  
only slightly people come back from

761  
00:31:19,990 --> 00:31:18,159  
their near-death experience

762  
00:31:21,750 --> 00:31:20,000  
and they say essentially what you just

763  
00:31:24,789 --> 00:31:21,760

said jurgen they say

764

00:31:25,430 --> 00:31:24,799

i knew everything no sooner would a

765

00:31:28,149 --> 00:31:25,440

question

766

00:31:29,590 --> 00:31:28,159

enter my mind that i knew it and i knew

767

00:31:32,470 --> 00:31:29,600

it more completely

768

00:31:32,950 --> 00:31:32,480

than i could have even asked it but

769

00:31:36,070 --> 00:31:32,960

don't

770

00:31:37,029 --> 00:31:36,080

ask me to express it now because from

771

00:31:43,269 --> 00:31:37,039

this

772

00:31:44,230 --> 00:31:43,279

and is that a hint that you know we're

773

00:31:47,350 --> 00:31:44,240

always going to be

774

00:31:50,149 --> 00:31:47,360

kind of handicapped maybe severely in

775

00:31:50,870 --> 00:31:50,159

trying to explore that from this

776  
00:31:53,190 --> 00:31:50,880  
dimension

777  
00:31:53,909 --> 00:31:53,200  
would you have any thoughts on that yes

778  
00:31:56,870 --> 00:31:53,919  
i think

779  
00:31:58,070 --> 00:31:56,880  
that's that's a really big problem

780  
00:32:01,110 --> 00:31:58,080  
that's why

781  
00:32:05,029 --> 00:32:01,120  
i'm very keen um to use

782  
00:32:12,149 --> 00:32:09,269  
to create to find a stimulus

783  
00:32:12,870 --> 00:32:12,159  
for people to have their own experience

784  
00:32:15,029 --> 00:32:12,880  
really

785  
00:32:16,549 --> 00:32:15,039  
the thing is for example you need to

786  
00:32:20,389 --> 00:32:16,559  
have the experience

787  
00:32:22,230 --> 00:32:20,399  
because um even skeptics who had the

788  
00:32:24,310 --> 00:32:22,240

near death experience

789

00:32:25,590 --> 00:32:24,320

you know they would never have believed

790

00:32:28,789 --> 00:32:25,600

it before

791

00:32:29,669 --> 00:32:28,799

what they experienced and and there are

792

00:32:33,350 --> 00:32:29,679

a number of

793

00:32:36,789 --> 00:32:33,360

nearest experiences who were skeptics

794

00:32:39,029 --> 00:32:36,799

and they were then changed people

795

00:32:41,430 --> 00:32:39,039

and a lot of the things which i have

796

00:32:44,789 --> 00:32:41,440

experienced are very similar

797

00:32:49,110 --> 00:32:44,799

to near-death experiences but i think

798

00:32:52,950 --> 00:32:51,590

to focus on different strata of

799

00:32:54,630 --> 00:32:52,960

consciousness

800

00:32:56,630 --> 00:32:54,640

deliberately rather than being

801  
00:32:58,950 --> 00:32:56,640  
catapulted into an

802  
00:32:59,830 --> 00:32:58,960  
out of body state like a near death

803  
00:33:02,470 --> 00:32:59,840  
experience

804  
00:33:03,509 --> 00:33:02,480  
i was able to focus my awareness quite

805  
00:33:06,630 --> 00:33:03,519  
deliberately

806  
00:33:08,830 --> 00:33:06,640  
knowing exactly what has happened to me

807  
00:33:11,430 --> 00:33:08,840  
i could go into higher states of

808  
00:33:13,669 --> 00:33:11,440  
consciousness and i could go down into

809  
00:33:18,070 --> 00:33:13,679  
the lower state of consciousness

810  
00:33:21,190 --> 00:33:18,080  
and and map everything out without

811  
00:33:21,909 --> 00:33:21,200  
being fearful that i have died or not

812  
00:33:24,389 --> 00:33:21,919  
you know

813  
00:33:26,750 --> 00:33:24,399

and so there's a big difference in that

814

00:33:30,070 --> 00:33:26,760

but but there are a lot similar

815

00:33:33,430 --> 00:33:30,080

similarities you know so so

816

00:33:37,269 --> 00:33:33,440

um yeah i mean from

817

00:33:41,190 --> 00:33:39,909

it's so difficult so what i was thinking

818

00:33:43,909 --> 00:33:41,200

now

819

00:33:48,149 --> 00:33:43,919

i'm i was hoping i can use virtual

820

00:33:48,159 --> 00:33:54,789

a tool which may allow people to trigger

821

00:33:57,830 --> 00:33:57,269

an altered state of consciousness you

822

00:34:00,549 --> 00:33:57,840

know

823

00:34:03,669 --> 00:34:00,559

and and i was encouraged when i first

824

00:34:07,990 --> 00:34:03,679

came across virtual reality in 2014

825

00:34:11,190 --> 00:34:08,000

i created a kind of

826

00:34:12,710 --> 00:34:11,200

tunnel experience which is very often

827

00:34:15,990 --> 00:34:12,720

reported

828

00:34:16,869 --> 00:34:16,000

and i tried to combine the tunnel

829

00:34:20,629 --> 00:34:16,879

experience

830

00:34:23,270 --> 00:34:20,639

with the sounds which were

831

00:34:25,669 --> 00:34:23,280

also going into a certain place it was

832

00:34:28,149 --> 00:34:25,679

in the body which

833

00:34:29,589 --> 00:34:28,159

you know have certain creates a certain

834

00:34:32,629 --> 00:34:29,599

stimulus

835

00:34:34,629 --> 00:34:32,639

and then being surrounded in this

836

00:34:37,030 --> 00:34:34,639

virtual experience rather than

837

00:34:38,869 --> 00:34:37,040

seeing it on a flat screen or just

838

00:34:41,909 --> 00:34:38,879

listening to it

839

00:34:44,950 --> 00:34:41,919

this uh extensive um

840

00:34:47,990 --> 00:34:44,960

bombardment of stimuli

841

00:34:51,829 --> 00:34:48,000

hopefully creates a

842

00:34:55,109 --> 00:34:51,839

trigger to an inner sympathetic

843

00:34:58,630 --> 00:34:55,119

reality now the interesting thing was

844

00:35:02,710 --> 00:34:58,640

after i relay released the first

845

00:35:06,230 --> 00:35:02,720

app of this tunnel experience

846

00:35:08,550 --> 00:35:06,240

i was on a developers group

847

00:35:09,270 --> 00:35:08,560

where all the techies hung out to work

848

00:35:12,390 --> 00:35:09,280

with

849

00:35:14,950 --> 00:35:12,400

virtual reality there were no

850

00:35:17,270 --> 00:35:14,960

nobody was interested in any spiritual

851

00:35:20,550 --> 00:35:17,280

experiences or anything

852

00:35:24,790 --> 00:35:20,560

so i released this in the tech group

853

00:35:28,310 --> 00:35:24,800

and soon enough i think there were about

854

00:35:29,990 --> 00:35:28,320

3 000 downloads in the end and i had

855

00:35:32,790 --> 00:35:30,000

some interesting comments some

856

00:35:34,870 --> 00:35:32,800

people said it felt like a near-death

857

00:35:37,910 --> 00:35:34,880

experience although they

858

00:35:38,470 --> 00:35:37,920

they felt that is how it must feel if

859

00:35:41,430 --> 00:35:38,480

you die

860

00:35:43,190 --> 00:35:41,440

you know people said oh i lost total

861

00:35:45,510 --> 00:35:43,200

sense of time

862

00:35:47,750 --> 00:35:45,520

you know because the experience is such

863

00:35:48,630 --> 00:35:47,760

it takes you out of the linear time

864

00:35:52,069 --> 00:35:48,640

stream

865

00:35:55,829 --> 00:35:52,079

you you have no bearings you don't know

866

00:35:58,950 --> 00:35:55,839

what's beyond it you're just in a tunnel

867

00:36:02,310 --> 00:35:58,960

literally in a tunnel vision and

868

00:36:04,630 --> 00:36:02,320

and so i've taken this on and

869

00:36:07,349 --> 00:36:04,640

and this morning i completed the second

870

00:36:10,630 --> 00:36:07,359

experience which of course is based

871

00:36:12,870 --> 00:36:10,640

based on everything i've done before

872

00:36:14,150 --> 00:36:12,880

and i played it to my daughter who is a

873

00:36:17,670 --> 00:36:14,160

yoga teacher

874

00:36:18,710 --> 00:36:17,680

okay i wanted to have a first sort of

875

00:36:20,950 --> 00:36:18,720

impression

876

00:36:24,069 --> 00:36:20,960

and she actually reported there were

877

00:36:26,630 --> 00:36:24,079

certain things happening inside her body

878

00:36:28,150 --> 00:36:26,640

especially in the heart chakra she knows

879

00:36:31,190 --> 00:36:28,160

all about these different

880

00:36:31,750 --> 00:36:31,200

energy centers and and she said she felt

881

00:36:35,270 --> 00:36:31,760

a very

882

00:36:38,630 --> 00:36:35,280

powerful connection but she

883

00:36:42,470 --> 00:36:38,640

which was like a forgotten memory

884

00:36:45,750 --> 00:36:42,480

you know she didn't even know she had

885

00:36:48,550 --> 00:36:45,760

and she connected to an archetype

886

00:36:49,510 --> 00:36:48,560

and i think that is really important if

887

00:36:52,710 --> 00:36:49,520

we can create

888

00:36:54,710 --> 00:36:52,720

tools which uh allow

889

00:36:57,190 --> 00:36:54,720

us to create a connection to our

890

00:37:00,390 --> 00:36:57,200

archetypes and the archetypes become

891

00:37:03,589 --> 00:37:00,400

activated and take over

892

00:37:06,829 --> 00:37:03,599

then we have an experience and

893

00:37:10,630 --> 00:37:06,839

and if we can make this experience

894

00:37:13,190 --> 00:37:10,640

um you know independent of

895

00:37:14,390 --> 00:37:13,200

let's say drugs or any any other sort of

896

00:37:17,190 --> 00:37:14,400

methods

897

00:37:18,150 --> 00:37:17,200

then we can possibly give a large enough

898

00:37:21,589 --> 00:37:18,160

large enough

899

00:37:22,750 --> 00:37:21,599

number of people the tools to report on

900

00:37:25,430 --> 00:37:22,760

these

901  
00:37:27,109 --> 00:37:25,440  
experiences they have and find a

902  
00:37:31,230 --> 00:37:27,119  
consensus

903  
00:37:35,430 --> 00:37:31,240  
where scientists can say oh

904  
00:37:38,310 --> 00:37:35,440  
statistically 75 percent have reported

905  
00:37:41,910 --> 00:37:38,320  
such and such by using this tool

906  
00:37:44,470 --> 00:37:41,920  
which opened their consciousness and and

907  
00:37:45,829 --> 00:37:44,480  
amongst these people so and so many

908  
00:37:49,030 --> 00:37:45,839  
people experience

909  
00:37:52,069 --> 00:37:49,040  
the light phenomena and other things

910  
00:37:53,510 --> 00:37:52,079  
so we've got a much broader base to

911  
00:37:55,430 --> 00:37:53,520  
create a science

912  
00:37:57,030 --> 00:37:55,440  
based science on which is based on

913  
00:38:00,310 --> 00:37:57,040

statistics

914

00:38:04,230 --> 00:38:00,320

people

915

00:38:06,870 --> 00:38:04,240

reporting the same phenomena in nature

916

00:38:09,349 --> 00:38:06,880

when enough people report the same

917

00:38:10,390 --> 00:38:09,359

phenomena then science will accept it as

918

00:38:13,270 --> 00:38:10,400

a given

919

00:38:14,310 --> 00:38:13,280

you know and they rule out illusion

920

00:38:16,790 --> 00:38:14,320

delusions and

921

00:38:17,510 --> 00:38:16,800

things like that yeah that's that's

922

00:38:20,550 --> 00:38:17,520

terrific

923

00:38:22,950 --> 00:38:20,560

and what a what an interesting place to

924

00:38:23,670 --> 00:38:22,960

imagine that we might get very

925

00:38:26,390 --> 00:38:23,680

encouraging

926

00:38:27,190 --> 00:38:26,400

let me take this in a kind of another

927

00:38:29,670 --> 00:38:27,200

direction

928

00:38:31,589 --> 00:38:29,680

and i kind of tipped my hand at the

929

00:38:33,829 --> 00:38:31,599

beginning of where i'm going

930

00:38:35,109 --> 00:38:33,839

and as i've gone down this thing of why

931

00:38:38,630 --> 00:38:35,119

evil matters which is

932

00:38:40,870 --> 00:38:38,640

my book no one quite gets it

933

00:38:42,150 --> 00:38:40,880

they're always kind of they want they

934

00:38:44,630 --> 00:38:42,160

get stuck on evil

935

00:38:46,710 --> 00:38:44,640

and that's like it's not i'm not talking

936

00:38:47,829 --> 00:38:46,720

about evil i don't care about evil i'm

937

00:38:49,910 --> 00:38:47,839

all about

938

00:38:52,630 --> 00:38:49,920

the opposite of evil whatever that is

939

00:38:55,990 --> 00:38:52,640

without without having to define it

940

00:38:59,990 --> 00:38:56,000

but what i think it does

941

00:39:02,790 --> 00:39:00,000

is it is a lens another lens

942

00:39:04,310 --> 00:39:02,800

into this extended realm that if we are

943

00:39:06,870 --> 00:39:04,320

going to do the kind of

944

00:39:07,910 --> 00:39:06,880

mapping that you're talking about in the

945

00:39:09,750 --> 00:39:07,920

broadest sense

946

00:39:11,510 --> 00:39:09,760

and i love the way you brought science

947

00:39:14,950 --> 00:39:11,520

into it where

948

00:39:17,910 --> 00:39:14,960

you know i get the sense that you

949

00:39:18,470 --> 00:39:17,920

have gained knowledge that informs your

950

00:39:21,109 --> 00:39:18,480

life

951  
00:39:21,510 --> 00:39:21,119  
on a daily basis and i can see like

952  
00:39:23,430 --> 00:39:21,520  
you're

953  
00:39:24,630 --> 00:39:23,440  
a family person and the love i can see

954  
00:39:25,910 --> 00:39:24,640  
in your face when you talk about your

955  
00:39:28,310 --> 00:39:25,920  
daughter you know

956  
00:39:29,829 --> 00:39:28,320  
that is what you're about it it just

957  
00:39:33,270 --> 00:39:29,839  
comes through

958  
00:39:34,950 --> 00:39:33,280  
so i go to evil just because

959  
00:39:36,550 --> 00:39:34,960  
i think we have to go there like one of

960  
00:39:39,589 --> 00:39:36,560  
the interviews i have in

961  
00:39:42,310 --> 00:39:39,599  
in my book is with uh

962  
00:39:44,230 --> 00:39:42,320  
a woman named annika lucas and i

963  
00:39:44,870 --> 00:39:44,240

connected with annika because she's into

964

00:39:49,270 --> 00:39:44,880

yoga

965

00:39:52,310 --> 00:39:49,280

have been for the longest time

966

00:39:54,710 --> 00:39:52,320

and annika's a very cool yoga teacher

967

00:39:55,430 --> 00:39:54,720

who's used it to really transform her

968

00:39:57,430 --> 00:39:55,440

life

969

00:39:59,270 --> 00:39:57,440

after some unbelievable trauma when she

970

00:40:01,829 --> 00:39:59,280

was a young child

971

00:40:02,870 --> 00:40:01,839

and that trauma was that at six years

972

00:40:10,069 --> 00:40:02,880

old

973

00:40:12,390 --> 00:40:10,079

into a satanic ritual abuse cult

974

00:40:13,990 --> 00:40:12,400

and this is the cult that i always

975

00:40:16,550 --> 00:40:14,000

mention this you know if you're

976

00:40:17,750 --> 00:40:16,560

interested or want to fact check this

977

00:40:19,829 --> 00:40:17,760

look in the 90s

978

00:40:21,829 --> 00:40:19,839

this cult was all over the news in

979

00:40:22,550 --> 00:40:21,839

belgium because it went to the highest

980

00:40:24,069 --> 00:40:22,560

levels of

981

00:40:26,230 --> 00:40:24,079

government throughout europe and they

982

00:40:27,990 --> 00:40:26,240

were gonna you know drain the swamp get

983

00:40:31,190 --> 00:40:28,000

these guys and all the rest

984

00:40:33,109 --> 00:40:31,200

and what they were doing to for for

985

00:40:34,950 --> 00:40:33,119

purposes of our discussion they were

986

00:40:37,990 --> 00:40:34,960

doing the worst of the worst

987

00:40:40,470 --> 00:40:38,000

but what they were doing was

988

00:40:41,829 --> 00:40:40,480

trying to mess with these kids

989

00:40:47,829 --> 00:40:41,839

consciousness

990

00:40:49,750 --> 00:40:47,839

in a way that i later learned the reason

991

00:40:51,829 --> 00:40:49,760

why they do

992

00:40:53,829 --> 00:40:51,839

try and promote disassociative identity

993

00:40:54,790 --> 00:40:53,839

disorder and why they did it in the mk

994

00:40:56,550 --> 00:40:54,800

ultra program

995

00:40:58,069 --> 00:40:56,560

and i talked to a clinical psychologist

996

00:41:04,150 --> 00:40:58,079

named

997

00:41:05,589 --> 00:41:04,160

patients for a long time and he's found

998

00:41:07,589 --> 00:41:05,599

a similar result

999

00:41:09,750 --> 00:41:07,599

in his communications with the extended

1000

00:41:12,470 --> 00:41:09,760

realm and here's what's

1001  
00:41:13,430 --> 00:41:12,480  
very dark but needs to be put on the

1002  
00:41:17,030 --> 00:41:13,440  
table

1003  
00:41:17,990 --> 00:41:17,040  
is these folks are trying to connect

1004  
00:41:21,030 --> 00:41:18,000  
with

1005  
00:41:22,710 --> 00:41:21,040  
extended realms we can only assume

1006  
00:41:24,390 --> 00:41:22,720  
from what you're saying that these are

1007  
00:41:27,670 --> 00:41:24,400  
very dark

1008  
00:41:30,230 --> 00:41:27,680  
low realms uh but

1009  
00:41:32,150 --> 00:41:30,240  
that is part of this game apparently

1010  
00:41:35,349 --> 00:41:32,160  
this is part of this terrain

1011  
00:41:38,550 --> 00:41:35,359  
and i just i want to know

1012  
00:41:40,309 --> 00:41:38,560  
if you have any insights into that part

1013  
00:41:41,190 --> 00:41:40,319

of it i don't want to stare into the

1014

00:41:42,950 --> 00:41:41,200

abyss

1015

00:41:45,430 --> 00:41:42,960

i don't want to dwell on it or talk

1016

00:41:45,750 --> 00:41:45,440

about these horrific crimes which we all

1017

00:41:48,790 --> 00:41:45,760

know

1018

00:41:49,270 --> 00:41:48,800

exist i want to try and understand it

1019

00:41:52,309 --> 00:41:49,280

from an

1020

00:41:54,150 --> 00:41:52,319

extended consciousness realm that you've

1021

00:41:55,349 --> 00:41:54,160

explored do you have any thoughts on

1022

00:41:58,069 --> 00:41:55,359

that

1023

00:41:58,630 --> 00:41:58,079

yes i have had my own sort of encounters

1024

00:42:02,230 --> 00:41:58,640

with

1025

00:42:05,750 --> 00:42:02,240

real

1026  
00:42:07,349 --> 00:42:05,760  
evil you know during these outer body

1027  
00:42:11,750 --> 00:42:07,359  
experiences

1028  
00:42:16,630 --> 00:42:11,760  
but um i always found

1029  
00:42:19,990 --> 00:42:16,640  
it is identification gone wrong people

1030  
00:42:23,349 --> 00:42:20,000  
who identify

1031  
00:42:23,670 --> 00:42:23,359  
first of all there's no way that you can

1032  
00:42:26,550 --> 00:42:23,680  
go

1033  
00:42:27,270 --> 00:42:26,560  
into a higher dimensional levels if you

1034  
00:42:30,790 --> 00:42:27,280  
are

1035  
00:42:34,550 --> 00:42:30,800  
holding on to an identification you know

1036  
00:42:37,910 --> 00:42:34,560  
or to a kind of selfishness

1037  
00:42:38,309 --> 00:42:37,920  
or self-interest you know because that

1038  
00:42:42,710 --> 00:42:38,319

just

1039

00:42:47,270 --> 00:42:45,589

going into a hot air balloon uh which is

1040

00:42:50,630 --> 00:42:47,280

still tied to the ground

1041

00:42:52,550 --> 00:42:50,640

you just cannot get out of this level of

1042

00:42:56,069 --> 00:42:52,560

consciousness

1043

00:42:59,430 --> 00:42:56,079

my my encounter with evil came

1044

00:43:02,710 --> 00:42:59,440

when i you know after these

1045

00:43:05,829 --> 00:43:02,720

atrocities happened in 9 11 and the

1046

00:43:06,309 --> 00:43:05,839

suicide bombing i was dead that keen to

1047

00:43:11,109 --> 00:43:06,319

find

1048

00:43:14,390 --> 00:43:11,119

out how do these people

1049

00:43:17,430 --> 00:43:14,400

believe they can go into paradise

1050

00:43:21,030 --> 00:43:17,440

when they commit these

1051

00:43:24,630 --> 00:43:21,040

unspeakable crimes

1052

00:43:27,750 --> 00:43:24,640

and and so one day i was taken

1053

00:43:31,190 --> 00:43:27,760

i was an out of body experience and

1054

00:43:33,430 --> 00:43:31,200

and i was taken into a very dark rail

1055

00:43:35,670 --> 00:43:33,440

and it looked like a sort of victorian

1056

00:43:38,870 --> 00:43:35,680

industrial wasteland

1057

00:43:42,710 --> 00:43:41,589

the ground was covered in suit and

1058

00:43:46,470 --> 00:43:42,720

debris and

1059

00:43:49,750 --> 00:43:46,480

the horizon the sky was

1060

00:43:52,790 --> 00:43:49,760

black with red flashes of lighting

1061

00:43:56,230 --> 00:43:52,800

big smoke belong it was like a picture

1062

00:43:59,910 --> 00:43:56,240

out of dante's infernal the proverbial

1063

00:44:03,510 --> 00:43:59,920

negative picture of hell and i thought

1064

00:44:07,510 --> 00:44:03,520

god where where have i been landed here

1065

00:44:11,190 --> 00:44:07,520

now you have to bear in mind that

1066

00:44:14,910 --> 00:44:11,200

i'm always in in this

1067

00:44:18,069 --> 00:44:14,920

here now consciousness okay i'm not

1068

00:44:21,270 --> 00:44:18,079

identified in the sense so

1069

00:44:23,030 --> 00:44:21,280

so i still have the objective aspect

1070

00:44:25,030 --> 00:44:23,040

viewing these things and i've

1071

00:44:26,710 --> 00:44:25,040

encountered some very dark things

1072

00:44:29,670 --> 00:44:26,720

without losing

1073

00:44:31,030 --> 00:44:29,680

an ounce of my integrity or my

1074

00:44:33,750 --> 00:44:31,040

connection to

1075

00:44:34,550 --> 00:44:33,760

to my higher self you know but then i

1076  
00:44:39,109 --> 00:44:34,560  
was led

1077  
00:44:42,710 --> 00:44:39,119  
into this pit where

1078  
00:44:45,829 --> 00:44:42,720  
there were piles of human bodies and

1079  
00:44:46,069 --> 00:44:45,839  
out of these piles there was a guy which

1080  
00:44:53,990 --> 00:44:46,079  
i

1081  
00:44:56,230 --> 00:44:54,000  
these

1082  
00:44:58,230 --> 00:44:56,240  
materialized thought forms of his

1083  
00:45:01,589 --> 00:44:58,240  
victims

1084  
00:45:02,870 --> 00:45:01,599  
and whenever he tried to pray to allah

1085  
00:45:06,390 --> 00:45:02,880  
to relieve him

1086  
00:45:08,790 --> 00:45:06,400  
of this pain he was in

1087  
00:45:10,550 --> 00:45:08,800  
and it was it was a real physical pain

1088  
00:45:14,790 --> 00:45:10,560

and a mental pain

1089

00:45:17,910 --> 00:45:14,800

he he was confronted with the reality

1090

00:45:18,950 --> 00:45:17,920

of his situation that he cannot undo

1091

00:45:22,790 --> 00:45:18,960

what he has done

1092

00:45:26,069 --> 00:45:22,800

so his he was in a feedback loop

1093

00:45:28,950 --> 00:45:26,079

okay and this was a

1094

00:45:31,190 --> 00:45:28,960

situation he couldn't get out of and

1095

00:45:31,750 --> 00:45:31,200

then i saw there were other places like

1096

00:45:34,870 --> 00:45:31,760

that

1097

00:45:36,710 --> 00:45:34,880

and then this guy came to me a muslim

1098

00:45:40,309 --> 00:45:36,720

guy

1099

00:45:43,510 --> 00:45:40,319

with a turban and he was quite

1100

00:45:46,069 --> 00:45:43,520

dirty from all the sword and he said

1101

00:45:47,270 --> 00:45:46,079

please please help these people you know

1102

00:45:50,790 --> 00:45:47,280

he was trying to

1103

00:45:54,150 --> 00:45:50,800

help them he was

1104

00:45:57,190 --> 00:45:54,160

attacked by other people

1105

00:46:00,790 --> 00:45:57,200

roaming around in this area

1106

00:46:04,630 --> 00:46:00,800

and and i think what what is happening

1107

00:46:07,829 --> 00:46:04,640

inevitably with evil is an absence

1108

00:46:11,750 --> 00:46:07,839

of awareness and

1109

00:46:15,430 --> 00:46:11,760

because of this absence of awareness

1110

00:46:18,470 --> 00:46:15,440

the focus is on things they can identify

1111

00:46:20,069 --> 00:46:18,480

with and make sense of so they're

1112

00:46:23,349 --> 00:46:20,079

continuously looking for

1113

00:46:27,510 --> 00:46:23,359

some form of gratification which

1114

00:46:30,230 --> 00:46:27,520

enhances their identification with

1115

00:46:31,190 --> 00:46:30,240

which was whatever they have grown fond

1116

00:46:35,190 --> 00:46:31,200

of

1117

00:46:40,309 --> 00:46:35,200

so they're forever trapped in this

1118

00:46:43,430 --> 00:46:40,319

realm of identification and also

1119

00:46:43,910 --> 00:46:43,440

there's no end to it when you think

1120

00:46:46,309 --> 00:46:43,920

you've

1121

00:46:47,670 --> 00:46:46,319

reached the end there's always another

1122

00:46:50,630 --> 00:46:47,680

level where you can go

1123

00:46:52,390 --> 00:46:50,640

even a little bit deeper you know a

1124

00:46:55,109 --> 00:46:52,400

little bit darker

1125

00:46:56,069 --> 00:46:55,119

and it's almost as if it's part of our

1126

00:47:02,950 --> 00:46:56,079

of consciousness

1127

00:47:06,710 --> 00:47:02,960

explore wanting to find out

1128

00:47:10,069 --> 00:47:06,720

you know and at any cost almost

1129

00:47:13,430 --> 00:47:10,079

and i think the problem is that people

1130

00:47:15,750 --> 00:47:13,440

instead of finding out the

1131

00:47:16,710 --> 00:47:15,760

the string that connects them to their

1132

00:47:23,349 --> 00:47:16,720

core

1133

00:47:24,230 --> 00:47:23,359

they are entangled with strings of

1134

00:47:27,670 --> 00:47:24,240

identity

1135

00:47:31,510 --> 00:47:27,680

focus on other things which provide

1136

00:47:33,910 --> 00:47:31,520

temporary gratification you know

1137

00:47:34,950 --> 00:47:33,920

can i bounce something off you uh this

1138

00:47:36,950 --> 00:47:34,960

is kind of another

1139

00:47:39,270 --> 00:47:36,960

model but what you were just saying

1140

00:47:40,870 --> 00:47:39,280

there in the strings thing kind of ties

1141

00:47:42,470 --> 00:47:40,880

this let me just bounce it off you see

1142

00:47:46,069 --> 00:47:42,480

what you think

1143

00:47:49,430 --> 00:47:46,079

we are beings of light beings

1144

00:47:52,549 --> 00:47:49,440

of connection with this infinite

1145

00:47:54,470 --> 00:47:52,559

divine intelligence forgive me if those

1146

00:47:55,109 --> 00:47:54,480

words kind of trigger people one way or

1147

00:47:58,230 --> 00:47:55,119

another

1148

00:48:01,030 --> 00:47:58,240

let's just say that's the model and

1149

00:48:01,829 --> 00:48:01,040

what we're really identifying with when

1150

00:48:09,990 --> 00:48:01,839

we think of

1151

00:48:13,030 --> 00:48:10,000

really unhealthy behavior

1152

00:48:15,109 --> 00:48:13,040

is a blockage of that energy and

1153

00:48:18,150 --> 00:48:15,119

sometimes when that energy becomes

1154

00:48:21,109 --> 00:48:18,160

blocked we just need we we so

1155

00:48:21,750 --> 00:48:21,119

intensely want to get it out that we

1156

00:48:25,030 --> 00:48:21,760

will take

1157

00:48:26,470 --> 00:48:25,040

any path of getting it out and sometimes

1158

00:48:30,390 --> 00:48:26,480

we connect that

1159

00:48:33,510 --> 00:48:30,400

with energy from other places

1160

00:48:36,069 --> 00:48:33,520

that are benevolent and dark

1161

00:48:36,790 --> 00:48:36,079

and are stuck in that same pattern and

1162

00:48:40,309 --> 00:48:36,800

actually

1163

00:48:43,430 --> 00:48:40,319

identify with that pattern of blockage

1164

00:48:45,670 --> 00:48:43,440

that we have and this is not

1165

00:48:46,549 --> 00:48:45,680

my model or my personal experience i'm

1166

00:48:48,549 --> 00:48:46,559

trying to

1167

00:48:50,230 --> 00:48:48,559

i guess recap and condense what i've

1168

00:48:53,190 --> 00:48:50,240

heard from a couple of different people

1169

00:48:54,950 --> 00:48:53,200

but in particular what i heard from dr

1170

00:48:58,069 --> 00:48:54,960

tom zinzer who is this

1171

00:49:00,470 --> 00:48:58,079

clinical psychologist which for 15 years

1172

00:49:01,750 --> 00:49:00,480

we worked with people in deep deep

1173

00:49:05,829 --> 00:49:01,760

hypnotherapy

1174

00:49:08,470 --> 00:49:05,839

under a psychologically

1175

00:49:09,589 --> 00:49:08,480

rigorous clinical model but he'll be the

1176

00:49:12,630 --> 00:49:09,599

first one to tell you

1177

00:49:13,270 --> 00:49:12,640

he went completely off reservation and

1178

00:49:16,950 --> 00:49:13,280

that

1179

00:49:20,069 --> 00:49:16,960

he had the assistance of a spirit guide

1180

00:49:23,910 --> 00:49:20,079

who was instructing him in how to

1181

00:49:26,150 --> 00:49:23,920

help these people and the diagnosis was

1182

00:49:29,190 --> 00:49:26,160

that kind of like you're talking about

1183

00:49:32,950 --> 00:49:29,200

in the sandbags on the air balloon

1184

00:49:35,349 --> 00:49:32,960

the ego states that they had created

1185

00:49:36,309 --> 00:49:35,359

sometimes very innocently as a child you

1186

00:49:39,190 --> 00:49:36,319

know afraid

1187

00:49:40,069 --> 00:49:39,200

and then you know develop that little

1188

00:49:42,549 --> 00:49:40,079

kind of

1189

00:49:44,309 --> 00:49:42,559

wrinkle in the consciousness that kind

1190

00:49:46,870 --> 00:49:44,319

of becomes a little bit of this

1191

00:49:48,470 --> 00:49:46,880

traumatized individual and then and

1192

00:49:50,790 --> 00:49:48,480

sometimes for some people

1193

00:49:52,549 --> 00:49:50,800

it's a lot worse or it's just a mild i

1194

00:49:55,030 --> 00:49:52,559

need to be of the protector i need you

1195

00:49:57,270 --> 00:49:55,040

know all these different

1196

00:49:58,069 --> 00:49:57,280

shadows to put it in kind of jungian

1197

00:50:01,030 --> 00:49:58,079

terms you know

1198

00:50:03,670 --> 00:50:01,040

all these different ego states that we

1199

00:50:07,109 --> 00:50:03,680

create that we haven't fully resolved

1200

00:50:08,950 --> 00:50:07,119

become blockages of energy and

1201  
00:50:10,549 --> 00:50:08,960  
but here's the key thing that he said

1202  
00:50:13,109 --> 00:50:10,559  
that i guess i want to get your opinion

1203  
00:50:16,630 --> 00:50:13,119  
on just straight away

1204  
00:50:20,230 --> 00:50:16,640  
he suggested a certain science to that

1205  
00:50:23,349 --> 00:50:20,240  
in that those ego states

1206  
00:50:24,390 --> 00:50:23,359  
if they become developed and if they are

1207  
00:50:27,670 --> 00:50:24,400  
connected to

1208  
00:50:29,030 --> 00:50:27,680  
a negative energy field can actually be

1209  
00:50:32,390 --> 00:50:29,040  
entry points

1210  
00:50:33,430 --> 00:50:32,400  
for entities that are stuck on these

1211  
00:50:36,710 --> 00:50:33,440  
lower levels

1212  
00:50:39,589 --> 00:50:36,720  
that want to connect with this

1213  
00:50:40,790 --> 00:50:39,599

level and that can create a lot of you

1214

00:50:43,750 --> 00:50:40,800

know

1215

00:50:45,430 --> 00:50:43,760

pretty unhealthy bad stuff for people

1216

00:50:47,030 --> 00:50:45,440

and we could go in and chronicle that

1217

00:50:47,910 --> 00:50:47,040

and here i'm not talking about the worst

1218

00:50:50,069 --> 00:50:47,920

of the worst

1219

00:50:52,870 --> 00:50:50,079

i'm just talking about this is being

1220

00:50:56,230 --> 00:50:52,880

widely widely reported and i think

1221

00:50:59,030 --> 00:50:56,240

misunderstood in terms of the role that

1222

00:51:01,030 --> 00:50:59,040

might these other entities that we don't

1223

00:51:02,790 --> 00:51:01,040

fully even understand

1224

00:51:04,710 --> 00:51:02,800

might be playing does it does any of

1225

00:51:06,710 --> 00:51:04,720

that uh zenet fit

1226  
00:51:08,150 --> 00:51:06,720  
at all with what you your understanding

1227  
00:51:11,030 --> 00:51:08,160  
of things yes very

1228  
00:51:12,390 --> 00:51:11,040  
much so i mean um what i found out is

1229  
00:51:15,109 --> 00:51:12,400  
that the

1230  
00:51:17,109 --> 00:51:15,119  
these are negative entities of which

1231  
00:51:18,069 --> 00:51:17,119  
there are many if you get to a certain

1232  
00:51:26,309 --> 00:51:18,079  
level

1233  
00:51:29,030 --> 00:51:26,319  
they can only connect to you if you have

1234  
00:51:31,030 --> 00:51:29,040  
a similar spot inside you you know they

1235  
00:51:33,109 --> 00:51:31,040  
can anchor into

1236  
00:51:34,829 --> 00:51:33,119  
if you don't have the any of these spots

1237  
00:51:37,270 --> 00:51:34,839  
they're totally

1238  
00:51:38,150 --> 00:51:37,280

helpless for example when i went into

1239

00:51:41,990 --> 00:51:38,160

this

1240

00:51:45,990 --> 00:51:42,000

uh darker rain with suicide

1241

00:51:49,270 --> 00:51:46,000

bombers where there were also some

1242

00:51:52,150 --> 00:51:49,280

some isis fighters

1243

00:51:54,390 --> 00:51:52,160

people with machine guns and things you

1244

00:51:55,109 --> 00:51:54,400

know running around looking for enemies

1245

00:51:59,190 --> 00:51:55,119

finding them

1246

00:52:02,230 --> 00:51:59,200

in in in the form of their thought forms

1247

00:52:03,030 --> 00:52:02,240

you know and they looked very real to

1248

00:52:06,150 --> 00:52:03,040

them

1249

00:52:08,790 --> 00:52:06,160

and then they they tried to attack me

1250

00:52:11,109 --> 00:52:08,800

and shoot me with their machine guns

1251  
00:52:12,470 --> 00:52:11,119  
but as soon as they trained the machine

1252  
00:52:15,190 --> 00:52:12,480  
gun on me

1253  
00:52:17,510 --> 00:52:15,200  
the bullet sort of plopped out of the

1254  
00:52:20,309 --> 00:52:17,520  
nozzle and fell to the ground

1255  
00:52:20,630 --> 00:52:20,319  
there was nothing they could hang on to

1256  
00:52:25,510 --> 00:52:20,640  
and

1257  
00:52:28,710 --> 00:52:25,520  
continuously looking for

1258  
00:52:32,150 --> 00:52:28,720  
um for a victim

1259  
00:52:35,670 --> 00:52:32,160  
who has got these sort of dark aspects

1260  
00:52:39,109 --> 00:52:35,680  
within them or

1261  
00:52:41,670 --> 00:52:39,119  
compatriots you know they can they can

1262  
00:52:43,910 --> 00:52:41,680  
identify as an enemy so they they're

1263  
00:52:45,030 --> 00:52:43,920

keeping themselves to themselves very

1264

00:52:48,390 --> 00:52:45,040

much

1265

00:52:51,430 --> 00:52:48,400

and i had some interesting experiences

1266

00:52:53,990 --> 00:52:51,440

for um there was a

1267

00:52:55,030 --> 00:52:54,000

woman which i reported in my book she

1268

00:52:58,309 --> 00:52:55,040

died of a

1269

00:53:01,430 --> 00:52:58,319

heroin overdose and

1270

00:53:02,710 --> 00:53:01,440

before she died she had a very very

1271

00:53:05,829 --> 00:53:02,720

negative life

1272

00:53:08,230 --> 00:53:05,839

she was in an in dependency situation

1273

00:53:13,270 --> 00:53:08,240

she was

1274

00:53:15,829 --> 00:53:13,280

very dark place and when i saw her

1275

00:53:16,549 --> 00:53:15,839

she looked like a zombie you know she

1276

00:53:20,390 --> 00:53:16,559

was

1277

00:53:24,710 --> 00:53:20,400

very dark

1278

00:53:27,990 --> 00:53:24,720

and she i could immediately see

1279

00:53:31,270 --> 00:53:28,000

where she came from because when

1280

00:53:34,790 --> 00:53:31,280

i'm in this state i have

1281

00:53:36,870 --> 00:53:34,800

um i've got access to

1282

00:53:38,549 --> 00:53:36,880

to the people you know to the knowledge

1283

00:53:41,109 --> 00:53:38,559

for this sort of combined this

1284

00:53:43,190 --> 00:53:41,119

is i immediately get a sort of um

1285

00:53:46,950 --> 00:53:43,200

information download

1286

00:53:51,030 --> 00:53:46,960

what had happened to her anyway i

1287

00:53:52,549 --> 00:53:51,040

then um i felt really sorry for her so i

1288

00:53:55,109 --> 00:53:52,559

i went up to her and i

1289

00:53:55,990 --> 00:53:55,119

i asked her whether she knew that she

1290

00:53:58,150 --> 00:53:56,000

was dead

1291

00:53:59,109 --> 00:53:58,160

and she thought she was just in a bad

1292

00:54:01,829 --> 00:53:59,119

dream

1293

00:54:03,030 --> 00:54:01,839

you know and i said no sorry you you're

1294

00:54:06,309 --> 00:54:03,040

dead you know and

1295

00:54:08,309 --> 00:54:06,319

and she started crying and she um

1296

00:54:11,510 --> 00:54:08,319

she was in a terrible state so i put my

1297

00:54:15,270 --> 00:54:11,520

arm around and i started talking to her

1298

00:54:15,990 --> 00:54:15,280

and he gradually walked kept walking and

1299

00:54:19,030 --> 00:54:16,000

as we

1300

00:54:21,829 --> 00:54:19,040

as i was talking

1301  
00:54:23,030 --> 00:54:21,839  
her skin sort of cleared up she became

1302  
00:54:25,750 --> 00:54:23,040  
better

1303  
00:54:27,750 --> 00:54:25,760  
the atmosphere became lighter it was

1304  
00:54:31,349 --> 00:54:27,760  
like morning

1305  
00:54:34,069 --> 00:54:31,359  
and then we ended up in a park with

1306  
00:54:35,510 --> 00:54:34,079  
green grass and trees and she was

1307  
00:54:38,069 --> 00:54:35,520  
completely

1308  
00:54:39,589 --> 00:54:38,079  
restored to her normal self by the time

1309  
00:54:43,109 --> 00:54:39,599  
we arrived there

1310  
00:54:44,630 --> 00:54:43,119  
so so once this sort of identification

1311  
00:54:48,710 --> 00:54:44,640  
is broken

1312  
00:54:51,270 --> 00:54:48,720  
we can get we can step out of this

1313  
00:54:52,630 --> 00:54:51,280

role playing we have adopted or this

1314

00:54:54,870 --> 00:54:52,640

this habit

1315

00:54:57,510 --> 00:54:54,880

we have entered into you know or we have

1316

00:54:59,190 --> 00:54:57,520

been conditioned into

1317

00:55:01,589 --> 00:54:59,200

and when that happens of course it

1318

00:55:03,270 --> 00:55:01,599

becomes very quickly very clear that we

1319

00:55:06,870 --> 00:55:03,280

are in a much better

1320

00:55:09,109 --> 00:55:06,880

more powerful state you know and

1321

00:55:13,109 --> 00:55:09,119

inevitably the people i met on the lower

1322

00:55:20,470 --> 00:55:17,030

narrow bandwidth of of their mind

1323

00:55:21,270 --> 00:55:20,480

and they felt they may have felt very

1324

00:55:22,870 --> 00:55:21,280

powerful

1325

00:55:25,430 --> 00:55:22,880

because they had a lot of people under

1326

00:55:27,829 --> 00:55:25,440

their control of that train

1327

00:55:28,710 --> 00:55:27,839

but they were in a very narrow bandwidth

1328

00:55:32,069 --> 00:55:28,720

of uh

1329

00:55:35,430 --> 00:55:32,079

freedom you know they were very limited

1330

00:55:38,789 --> 00:55:35,440

and and the moment this

1331

00:55:42,710 --> 00:55:38,799

is pierced the the moment they show a

1332

00:55:46,230 --> 00:55:42,720

sign of a need of wanting to

1333

00:55:48,789 --> 00:55:46,240

break out that can be used as an anchor

1334

00:55:49,510 --> 00:55:48,799

for anybody who is sort of coming along

1335

00:55:52,950 --> 00:55:49,520

and and

1336

00:55:55,589 --> 00:55:52,960

gradually string them out of it and i i

1337

00:55:58,150 --> 00:55:55,599

gave an example in my book business of

1338

00:56:00,870 --> 00:55:58,160

infinity of one of these rescue missions

1339

00:56:01,750 --> 00:56:00,880

you know so i don't know whether that

1340

00:56:04,870 --> 00:56:01,760

answers any

1341

00:56:08,870 --> 00:56:04,880

any of your points you you just

1342

00:56:11,670 --> 00:56:08,880

made earlier it does it was

1343

00:56:13,270 --> 00:56:11,680

incredibly powerful hey a couple of big

1344

00:56:15,990 --> 00:56:13,280

picture questions

1345

00:56:17,910 --> 00:56:16,000

i think we can assume the answer here

1346

00:56:21,750 --> 00:56:17,920

but i don't want to assume

1347

00:56:25,109 --> 00:56:21,760

i want to hear your take

1348

00:56:28,549 --> 00:56:25,119

hierarchy of consciousness again

1349

00:56:31,829 --> 00:56:28,559

you know it's just baffling to me

1350

00:56:35,190 --> 00:56:31,839

that we live in this super scientific

1351  
00:56:35,910 --> 00:56:35,200  
age where biological robot meaningless

1352  
00:56:38,950 --> 00:56:35,920  
universe

1353  
00:56:40,150 --> 00:56:38,960  
meme still carries the day if you're in

1354  
00:56:43,270 --> 00:56:40,160  
academia they

1355  
00:56:45,270 --> 00:56:43,280  
completely deny it but let's get past

1356  
00:56:47,510 --> 00:56:45,280  
that because we are past that

1357  
00:56:49,030 --> 00:56:47,520  
and then let's even embrace the idea as

1358  
00:56:49,349 --> 00:56:49,040  
we have in this interview that there are

1359  
00:56:52,789 --> 00:56:49,359  
these

1360  
00:56:53,349 --> 00:56:52,799  
extended consciousness realms if we draw

1361  
00:56:56,630 --> 00:56:53,359  
a big

1362  
00:56:58,069 --> 00:56:56,640  
circle around all that does there seem

1363  
00:57:00,870 --> 00:56:58,079

to be a hierarchy to

1364

00:57:01,510 --> 00:57:00,880

it and the trigger word that we don't

1365

00:57:03,829 --> 00:57:01,520

want to say

1366

00:57:06,230 --> 00:57:03,839

is god but because if there is a

1367

00:57:08,630 --> 00:57:06,240

hierarchy that kind of suggests that

1368

00:57:10,870 --> 00:57:08,640

or is it just kind of this blob of

1369

00:57:12,390 --> 00:57:10,880

consciousness that doesn't really have

1370

00:57:15,670 --> 00:57:12,400

we couldn't really attach

1371

00:57:19,430 --> 00:57:18,390

hierarchy hierarchical kind of structure

1372

00:57:22,230 --> 00:57:19,440

to it

1373

00:57:22,870 --> 00:57:22,240

yeah i have to say i never really found

1374

00:57:25,990 --> 00:57:22,880

a word

1375

00:57:28,710 --> 00:57:26,000

for for my experiences

1376  
00:57:30,549 --> 00:57:28,720  
of higher consciousness you know even

1377  
00:57:33,990 --> 00:57:30,559  
when i was sort of faced

1378  
00:57:35,430 --> 00:57:34,000  
this is incredible light as i said on

1379  
00:57:38,549 --> 00:57:35,440  
the ocean

1380  
00:57:40,230 --> 00:57:38,559  
the thought never occurred to me to use

1381  
00:57:43,670 --> 00:57:40,240  
the word god

1382  
00:57:46,789 --> 00:57:43,680  
i had i had an experience when i wrote

1383  
00:57:48,549 --> 00:57:46,799  
uh the 10 minute moment where i've

1384  
00:57:51,430 --> 00:57:48,559  
meditated

1385  
00:57:52,870 --> 00:57:51,440  
and i suddenly was gripped by an intense

1386  
00:57:57,349 --> 00:57:52,880  
fear

1387  
00:58:04,710 --> 00:58:00,789  
being dissolved and not only

1388  
00:58:08,309 --> 00:58:04,720

lose my ego but lose everything

1389

00:58:11,510 --> 00:58:08,319

my my existence and i

1390

00:58:15,030 --> 00:58:11,520

i felt if i go one step further

1391

00:58:18,069 --> 00:58:15,040

there will be god you know

1392

00:58:21,510 --> 00:58:18,079

and and and whatever this

1393

00:58:24,710 --> 00:58:21,520

is it will just obliterate me

1394

00:58:28,069 --> 00:58:24,720

so this fear started

1395

00:58:31,750 --> 00:58:28,079

developing within me and and

1396

00:58:35,270 --> 00:58:31,760

that was the only time i felt oh

1397

00:58:38,630 --> 00:58:35,280

uh yeah there must be god

1398

00:58:41,349 --> 00:58:38,640

okay but the funny thing was um

1399

00:58:43,030 --> 00:58:41,359

i spent the rest of the day hunting for

1400

00:58:45,589 --> 00:58:43,040

my ego

1401

00:58:47,510 --> 00:58:45,599

trying to find some form of identity i

1402

00:58:49,349 --> 00:58:47,520

could feel comfortable with

1403

00:58:50,549 --> 00:58:49,359

you know i didn't want to go anywhere

1404

00:58:52,950 --> 00:58:50,559

near and i felt

1405

00:58:54,630 --> 00:58:52,960

i spent all my life looking for this big

1406

00:58:57,750 --> 00:58:54,640

thing and looking for god

1407

00:59:00,549 --> 00:58:57,760

and now he is sort of waiting in the

1408

00:59:02,309 --> 00:59:00,559

ring and i get scared and run a mine

1409

00:59:04,630 --> 00:59:02,319

the interesting thing was of course it

1410

00:59:08,390 --> 00:59:04,640

was all in my mind

1411

00:59:11,030 --> 00:59:08,400

you know and the thing was the next day

1412

00:59:12,390 --> 00:59:11,040

um i went to sleep i finally calmed down

1413

00:59:16,069 --> 00:59:12,400

i went to sleep i had some

1414

00:59:19,190 --> 00:59:16,079

illuminating dreams and the next morning

1415

00:59:21,109 --> 00:59:19,200

i woke up and i was

1416

00:59:22,390 --> 00:59:21,119

i had this sort of 10 minute moment

1417

00:59:25,430 --> 00:59:22,400

experience

1418

00:59:26,950 --> 00:59:25,440

you know again there was no there was no

1419

00:59:30,230 --> 00:59:26,960

way i could

1420

00:59:32,950 --> 00:59:30,240

find a word for it but the the idea of

1421

00:59:34,789 --> 00:59:32,960

the hierarchy has always

1422

00:59:37,750 --> 00:59:34,799

the feeling of a hierarchy has always

1423

00:59:40,950 --> 00:59:37,760

evaded me because

1424

00:59:43,589 --> 00:59:40,960

there's only being

1425

00:59:44,549 --> 00:59:43,599

and that's all i can come up with it's

1426

00:59:49,109 --> 00:59:44,559

just

1427

00:59:52,470 --> 00:59:49,119

pure and simple being there's an it-ness

1428

00:59:54,150 --> 00:59:52,480

and i can't find a name for it other

1429

00:59:57,589 --> 00:59:54,160

than the

1430

01:00:00,630 --> 00:59:57,599

the reality that i am

1431

01:00:03,750 --> 01:00:00,640

and and it's everywhere

1432

01:00:06,950 --> 01:00:03,760

i can look at this glass of water

1433

01:00:10,069 --> 01:00:06,960

and it's just confirmation that it

1434

01:00:13,349 --> 01:00:10,079

is and this is ever how

1435

01:00:16,630 --> 01:00:13,359

how far i ever got to that

1436

01:00:18,710 --> 01:00:16,640

um that's that's awesome i don't know i

1437

01:00:20,630 --> 01:00:18,720

don't want to pull you into saying stuff

1438

01:00:21,910 --> 01:00:20,640

beyond that i will share with you a

1439

01:00:25,109 --> 01:00:21,920

story that

1440

01:00:27,349 --> 01:00:25,119

from a recent interview i had that

1441

01:00:28,470 --> 01:00:27,359

gets at this same thing a different way

1442

01:00:30,710 --> 01:00:28,480

and i was entering this

1443

01:00:32,230 --> 01:00:30,720

really wonderful guy english guy david

1444

01:00:33,430 --> 01:00:32,240

ditchfield and he had this incredible

1445

01:00:35,589 --> 01:00:33,440

he's also an artist

1446

01:00:37,829 --> 01:00:35,599

which is part of his story he has this

1447

01:00:40,549 --> 01:00:37,839

incredible near-death experience

1448

01:00:42,150 --> 01:00:40,559

where he's pulled under a commuter train

1449

01:00:42,549 --> 01:00:42,160

he's going to kiss his girlfriend the

1450

01:00:44,549 --> 01:00:42,559

door

1451

01:00:45,750 --> 01:00:44,559

closes on his jacket like everyone's

1452

01:00:47,750 --> 01:00:45,760

worst fear

1453

01:00:48,789 --> 01:00:47,760

and he's dragged under this train and he

1454

01:00:50,710 --> 01:00:48,799

dies

1455

01:00:53,030 --> 01:00:50,720

and he has this incredible experience

1456

01:00:53,589 --> 01:00:53,040

since then no artistic talent before

1457

01:00:57,430 --> 01:00:53,599

that

1458

01:00:59,910 --> 01:00:57,440

now he draws these huge huge

1459

01:01:01,589 --> 01:00:59,920

large scale paintings but that's kind of

1460

01:01:03,589 --> 01:01:01,599

a side story

1461

01:01:05,589 --> 01:01:03,599

because david comes back and he

1462

01:01:06,549 --> 01:01:05,599

understands his experience as being a

1463

01:01:10,789 --> 01:01:06,559

very christian

1464

01:01:13,589 --> 01:01:10,799

experience in seeing jesus and seeing

1465

01:01:13,910 --> 01:01:13,599

jesus creating universes and stuff like

1466

01:01:17,670 --> 01:01:13,920

that

1467

01:01:19,510 --> 01:01:17,680

you had an

1468

01:01:20,950 --> 01:01:19,520

experience with christ consciousness he

1469

01:01:22,069 --> 01:01:20,960

goes no no don't say christ

1470

01:01:24,069 --> 01:01:22,079

consciousness it was

1471

01:01:26,069 --> 01:01:24,079

jesus you know like son of god kind of

1472

01:01:28,470 --> 01:01:26,079

thing and i said

1473

01:01:30,309 --> 01:01:28,480

david here's what i've learned studying

1474

01:01:32,470 --> 01:01:30,319

near-death experiences

1475

01:01:33,670 --> 01:01:32,480

is that one when people study them

1476

01:01:36,309 --> 01:01:33,680

across culture across

1477

01:01:36,870 --> 01:01:36,319

time a lot of these religious figures go

1478

01:01:38,789 --> 01:01:36,880

away

1479

01:01:40,309 --> 01:01:38,799

but more significantly from a meaning

1480

01:01:42,150 --> 01:01:40,319

standpoint david

1481

01:01:44,710 --> 01:01:42,160

when i talk to people that have had

1482

01:01:47,030 --> 01:01:44,720

multiple near-death experiences

1483

01:01:48,069 --> 01:01:47,040

they often tell me that the in the first

1484

01:01:53,670 --> 01:01:48,079

experience

1485

01:01:54,950 --> 01:01:53,680

all that wonderfulness of christ

1486

01:01:57,990 --> 01:01:54,960

consciousness

1487

01:02:01,029 --> 01:01:58,000

but in subsequent experiences it goes

1488

01:02:03,750 --> 01:02:01,039

deeper it doesn't

1489

01:02:04,710 --> 01:02:03,760

it doesn't contradict their initial

1490

01:02:06,390 --> 01:02:04,720

experience

1491

01:02:08,789 --> 01:02:06,400

but they get the sense that there is

1492

01:02:12,309 --> 01:02:08,799

more beyond that there's deeper

1493

01:02:12,630 --> 01:02:12,319

and higher forms of experience again to

1494

01:02:15,029 --> 01:02:12,640

me

1495

01:02:15,670 --> 01:02:15,039

that's a language that's a hierarchical

1496

01:02:17,430 --> 01:02:15,680

language

1497

01:02:19,990 --> 01:02:17,440

and david's response was to go

1498

01:02:22,390 --> 01:02:20,000

absolutely i do feel that that is true

1499

01:02:23,349 --> 01:02:22,400

so there's a slight contradiction in how

1500

01:02:26,549 --> 01:02:23,359

he's thinking about it but

1501

01:02:29,109 --> 01:02:26,559

who am i to pick apart you know what

1502

01:02:31,270 --> 01:02:29,119

what his experience is yeah it's a

1503

01:02:35,109 --> 01:02:31,280

really interesting story i

1504

01:02:38,589 --> 01:02:35,119

i can synthesize with that because

1505

01:02:42,470 --> 01:02:38,599

a friend of mine and i we went in

1506

01:02:45,750 --> 01:02:42,480

2017 to greece we wanted to

1507

01:02:49,190 --> 01:02:45,760

go on a kind of pilgrimage you know to

1508

01:02:52,309 --> 01:02:49,200

revisit the ancient sites delphi

1509

01:02:56,309 --> 01:02:52,319

oracle and and we ended up

1510

01:02:57,829 --> 01:02:56,319

in mount artos and and that is a story i

1511

01:03:01,270 --> 01:02:57,839

could write a whole book about

1512

01:03:02,470 --> 01:03:01,280

because i'm not a christian my father

1513

01:03:04,549 --> 01:03:02,480

was an atheist

1514

01:03:06,150 --> 01:03:04,559

my mother was a christian but i wasn't

1515

01:03:09,270 --> 01:03:06,160

brought up as a christian

1516

01:03:15,029 --> 01:03:09,280

in a kind of belief bubble

1517

01:03:17,349 --> 01:03:15,039

so so we went into this monastery

1518

01:03:19,029 --> 01:03:17,359

we didn't have any bookings and it was a

1519

01:03:23,109 --> 01:03:19,039

bit of an adventure how

1520

01:03:24,549 --> 01:03:23,119

furby ended up but i made friends with a

1521

01:03:28,150 --> 01:03:24,559

monk

1522

01:03:29,029 --> 01:03:28,160

um and we had the most fascinating

1523

01:03:36,470 --> 01:03:29,039

conversation

1524

01:03:39,670 --> 01:03:36,480

to to me why don't you

1525

01:03:41,910 --> 01:03:39,680

come to one of these chapters normally

1526

01:03:43,670 --> 01:03:41,920

people are not allowed into it it's only

1527

01:03:45,910 --> 01:03:43,680

for ordained monks

1528

01:03:48,630 --> 01:03:45,920

but i think i make an exception because

1529

01:03:51,270 --> 01:03:48,640

we had such an interesting conversation

1530

01:03:52,870 --> 01:03:51,280

and and i made quite clear to him that

1531

01:03:55,510 --> 01:03:52,880

i'm not a christian

1532

01:03:57,990 --> 01:03:55,520

that i've never been sort of taken to it

1533

01:04:01,430 --> 01:03:58,000

the only thing i like

1534

01:04:01,990 --> 01:04:01,440

is the early christian art he said come

1535

01:04:05,589 --> 01:04:02,000

with me

1536

01:04:08,549 --> 01:04:05,599

i show you some of these icons

1537

01:04:10,829 --> 01:04:08,559

so he took me into this chapel and this

1538

01:04:12,390 --> 01:04:10,839

is absolutely true he took me to this

1539

01:04:15,750 --> 01:04:12,400

chapel

1540

01:04:17,990 --> 01:04:15,760

and it was quite dark and he seated me

1541

01:04:20,470 --> 01:04:18,000

in front of an icon i couldn't see it

1542

01:04:23,750 --> 01:04:20,480

because it was too dark he lit the

1543

01:04:24,829 --> 01:04:23,760

candelabra he lowered it down in front

1544

01:04:29,430 --> 01:04:24,839

of this

1545

01:04:33,270 --> 01:04:29,440

icon and it was a the virgin mary

1546

01:04:38,150 --> 01:04:33,280

was a jesus child

1547

01:04:43,190 --> 01:04:38,160

and before i knew i was overcome

1548

01:04:46,710 --> 01:04:43,200

this total emotion and i had a breakdown

1549

01:04:50,230 --> 01:04:46,720

and i suddenly had this

1550

01:04:54,150 --> 01:04:50,240

i had an ecstatic experience

1551

01:04:58,390 --> 01:04:54,160

i felt an overwhelming love

1552

01:05:00,630 --> 01:04:58,400

and and that you could have hit me

1553

01:05:03,029 --> 01:05:00,640

you know this was a feather i i just

1554

01:05:06,950 --> 01:05:03,039

couldn't

1555

01:05:09,349 --> 01:05:06,960

there was no rational explanation to it

1556

01:05:11,349 --> 01:05:09,359

and i started crying i i felt so

1557

01:05:14,069 --> 01:05:11,359

overcome i started crying and then

1558

01:05:15,750 --> 01:05:14,079

my friend he went out and and the monk

1559

01:05:18,870 --> 01:05:15,760

went out to leave me

1560

01:05:19,910 --> 01:05:18,880

leave me on my own and then he came back

1561

01:05:22,710 --> 01:05:19,920

in

1562

01:05:24,150 --> 01:05:22,720

and and he said you're okay aren't you i

1563

01:05:27,190 --> 01:05:24,160

said yes yes thank you

1564

01:05:31,829 --> 01:05:27,200

and i sort of didn't speak about it

1565

01:05:34,069 --> 01:05:31,839

and then and then to make matters worse

1566

01:05:38,789 --> 01:05:34,079

he said well it's quite interesting i

1567

01:05:43,270 --> 01:05:41,670

and then he let me into this other

1568

01:05:46,309 --> 01:05:43,280

chapter

1569

01:05:50,470 --> 01:05:46,319

which had an icon of the um

1570

01:05:53,270 --> 01:05:50,480

of a saint um anastasia she was tortured

1571

01:05:55,510 --> 01:05:53,280

to death in the third century

1572

01:05:56,390 --> 01:05:55,520

and the picture and the same thing

1573

01:05:59,990 --> 01:05:56,400

happened

1574

01:06:03,750 --> 01:06:00,000

overwhelmed by this

1575

01:06:06,710 --> 01:06:03,760

incredible love but

1576

01:06:09,750 --> 01:06:06,720

the the other thing that happened was i

1577

01:06:13,510 --> 01:06:09,760

went back the next day

1578

01:06:15,589 --> 01:06:13,520

uh the monk wasn't there the other monks

1579

01:06:17,430 --> 01:06:15,599

totally forbid me to go anywhere near

1580

01:06:19,109 --> 01:06:17,440

the chapel i was not allowed in there i

1581

01:06:21,270 --> 01:06:19,119

said i've got to go back in i want to

1582

01:06:24,390 --> 01:06:21,280

find out more about it

1583

01:06:26,230 --> 01:06:24,400

so then i saw a monk up on a balcony he

1584

01:06:27,670 --> 01:06:26,240

killed himself laughing because i was

1585

01:06:30,789 --> 01:06:27,680

trying to explain

1586

01:06:33,430 --> 01:06:30,799

you know to him what i wanted so he

1587

01:06:36,710 --> 01:06:33,440

he then relented he allowed me back in

1588

01:06:39,910 --> 01:06:36,720

and i meditated in front of the same

1589

01:06:42,789 --> 01:06:39,920

uh icon and suddenly

1590

01:06:44,870 --> 01:06:42,799

there was this woman standing right next

1591

01:06:47,270 --> 01:06:44,880

to me

1592

01:06:49,829 --> 01:06:47,280

i couldn't see her physic uh you know

1593

01:06:52,150 --> 01:06:49,839

with my eyes but i felt her presence

1594

01:06:53,270 --> 01:06:52,160

and she said very clearly i'm still

1595

01:06:57,829 --> 01:06:53,280

alive

1596

01:06:59,510 --> 01:06:57,839

case

1597

01:07:00,870 --> 01:06:59,520

then people who have an of body

1598

01:07:04,069 --> 01:07:00,880

experience

1599

01:07:05,829 --> 01:07:04,079

i'm sure if they meet jesus they

1600

01:07:08,789 --> 01:07:05,839

absolutely need jesus

1601  
01:07:09,589 --> 01:07:08,799  
because there is no such thing as death

1602  
01:07:12,950 --> 01:07:09,599  
okay

1603  
01:07:18,069 --> 01:07:12,960  
now the interesting thing was

1604  
01:07:19,829 --> 01:07:18,079  
this woman for six months

1605  
01:07:21,589 --> 01:07:19,839  
i only had to think of her and she was

1606  
01:07:27,750 --> 01:07:21,599  
right beside me

1607  
01:07:35,109 --> 01:07:30,789  
death is just a massive illusion

1608  
01:07:38,160 --> 01:07:35,119  
okay we are not we are not able to

1609  
01:07:39,670 --> 01:07:38,170  
go beyond our physical senses once you

1610  
01:07:44,390 --> 01:07:39,680  
[Music]

1611  
01:07:48,069 --> 01:07:44,400  
bridge the gap and you become

1612  
01:07:50,230 --> 01:07:48,079  
familiar with the expanded reality

1613  
01:07:51,430 --> 01:07:50,240

then there is no mystery it's all

1614

01:07:54,549 --> 01:07:51,440

reality and

1615

01:07:57,510 --> 01:07:54,559

people are only a thought away so

1616

01:07:57,910 --> 01:07:57,520

when people report these i mean if you

1617

01:08:00,230 --> 01:07:57,920

had

1618

01:08:01,510 --> 01:08:00,240

told me that about 10 20 years ago i

1619

01:08:03,750 --> 01:08:01,520

would say yes

1620

01:08:06,069 --> 01:08:03,760

slightly crazy it's all an illusion you

1621

01:08:09,430 --> 01:08:06,079

know they're making it up

1622

01:08:11,270 --> 01:08:09,440

but i'm not so sure anymore you know

1623

01:08:13,109 --> 01:08:11,280

well you're not so sure anymore but

1624

01:08:16,630 --> 01:08:13,119

you're not a christian

1625

01:08:18,630 --> 01:08:16,640

no so i mean i think

1626

01:08:20,709 --> 01:08:18,640

i don't know why i get into this people

1627

01:08:22,789 --> 01:08:20,719

think i'm a christian pastor

1628

01:08:24,870 --> 01:08:22,799

and i'm not i'm just always saying i'm

1629

01:08:25,669 --> 01:08:24,880

highly respectful of your christ

1630

01:08:27,590 --> 01:08:25,679

consciousness

1631

01:08:29,590 --> 01:08:27,600

experience and i'm not trying to limit

1632

01:08:31,990 --> 01:08:29,600

that or pigeonhole that or say that

1633

01:08:35,349 --> 01:08:32,000

that's somehow lesser i'm just saying

1634

01:08:35,910 --> 01:08:35,359

isn't that i mean you didn't you didn't

1635

01:08:38,149 --> 01:08:35,920

meet

1636

01:08:39,829 --> 01:08:38,159

christ in it wouldn't make any sense to

1637

01:08:42,709 --> 01:08:39,839

say you met christ so it was in this

1638

01:08:44,550 --> 01:08:42,719

extended consciousness realm and you met

1639

01:08:45,430 --> 01:08:44,560

christ i don't know exactly what that

1640

01:08:49,030 --> 01:08:45,440

means but i

1641

01:08:51,430 --> 01:08:49,040

accept the reality to that what i don't

1642

01:08:54,870 --> 01:08:51,440

understand and what just seems

1643

01:08:57,349 --> 01:08:54,880

like ridiculously obvious to me

1644

01:08:58,550 --> 01:08:57,359

in the same way it seems absurd to think

1645

01:09:00,789 --> 01:08:58,560

that science could

1646

01:09:02,149 --> 01:09:00,799

continue to prop up this consciousness

1647

01:09:03,829 --> 01:09:02,159

is an illusion thing

1648

01:09:06,149 --> 01:09:03,839

it's just like there's something deeper

1649

01:09:08,630 --> 01:09:06,159

going on there that's more than just

1650

01:09:10,709 --> 01:09:08,640

a meme that is a conscious effort on

1651

01:09:13,829 --> 01:09:10,719

some people to systematically

1652

01:09:16,950 --> 01:09:13,839

control people because that's a better

1653

01:09:18,390 --> 01:09:16,960

way to keep people afraid and scared and

1654

01:09:21,030 --> 01:09:18,400

buying and not

1655

01:09:21,990 --> 01:09:21,040

you know thinking too deeply about stuff

1656

01:09:23,669 --> 01:09:22,000

you know you know

1657

01:09:24,950 --> 01:09:23,679

that's that's my take on it where i want

1658

01:09:25,749 --> 01:09:24,960

to really tie this back to you was

1659

01:09:28,950 --> 01:09:25,759

religion

1660

01:09:29,430 --> 01:09:28,960

because where i'm thinking lately is

1661

01:09:33,269 --> 01:09:29,440

that

1662

01:09:35,110 --> 01:09:33,279

religion is similarly absurd

1663

01:09:37,269 --> 01:09:35,120

in the sense that if we come to the

1664

01:09:38,149 --> 01:09:37,279

understanding like we're talking about

1665

01:09:42,229 --> 01:09:38,159

here

1666

01:09:45,189 --> 01:09:42,239

your

1667

01:09:46,390 --> 01:09:45,199

by all accounts the highest purpose of

1668

01:09:50,149 --> 01:09:46,400

your life

1669

01:09:53,349 --> 01:09:50,159

is to connect with this

1670

01:09:55,350 --> 01:09:53,359

super light love energy

1671

01:09:57,430 --> 01:09:55,360

in whatever form and you're doing

1672

01:09:58,550 --> 01:09:57,440

they're doing a vr to try and help

1673

01:10:00,950 --> 01:09:58,560

people do it and

1674

01:10:01,669 --> 01:10:00,960

your daughter's doing yoga classes right

1675

01:10:03,830 --> 01:10:01,679

we're doing it

1676

01:10:05,270 --> 01:10:03,840

and these monks are trying to help

1677

01:10:08,709 --> 01:10:05,280

people do it

1678

01:10:09,510 --> 01:10:08,719

but religion is kind of doing a little

1679

01:10:11,189 --> 01:10:09,520

trick there

1680

01:10:13,669 --> 01:10:11,199

they're saying hey we can help you do

1681

01:10:16,390 --> 01:10:13,679

that but by the way

1682

01:10:17,830 --> 01:10:16,400

we are going to limit how you how we

1683

01:10:19,350 --> 01:10:17,840

will be

1684

01:10:21,590 --> 01:10:19,360

i mean this is always the case with

1685

01:10:24,950 --> 01:10:21,600

religion this is the cult part of it

1686

01:10:27,510 --> 01:10:24,960

we will be the sole keepers

1687

01:10:28,790 --> 01:10:27,520

of your access to that and we will say

1688

01:10:30,870 --> 01:10:28,800

how you access it

1689

01:10:31,830 --> 01:10:30,880

and how you don't access it and we will

1690

01:10:34,950 --> 01:10:31,840

similarly

1691

01:10:37,030 --> 01:10:34,960

control and

1692

01:10:38,470 --> 01:10:37,040

manipulate you in a way that seems

1693

01:10:39,830 --> 01:10:38,480

completely unnecessary

1694

01:10:42,070 --> 01:10:39,840

that's why the important part of your

1695

01:10:45,189 --> 01:10:42,080

story is you can have that experience

1696

01:10:47,510 --> 01:10:45,199

and accept the christian experience and

1697

01:10:50,550 --> 01:10:47,520

say but that doesn't make me a christian

1698

01:10:53,350 --> 01:10:50,560

no that's the thing i mean the the main

1699

01:10:54,470 --> 01:10:53,360

issue that is always gets lost is

1700

01:10:59,030 --> 01:10:54,480

liberation

1701

01:11:01,590 --> 01:10:59,040

it's a freedom aspect in relation um

1702

01:11:02,550 --> 01:11:01,600

there's always this sort of tendency of

1703

01:11:13,270 --> 01:11:02,560

wanting to

1704

01:11:16,950 --> 01:11:13,280

limit limited but at the end

1705

01:11:20,189 --> 01:11:16,960

the end result is liberation from all

1706

01:11:23,350 --> 01:11:20,199

concepts from all

1707

01:11:26,790 --> 01:11:23,360

demarcations is total liberation

1708

01:11:30,470 --> 01:11:26,800

if that aspect is missing then

1709

01:11:36,470 --> 01:11:33,430

not seeing the bigger picture not

1710

01:11:38,550 --> 01:11:36,480

fulfilling our whole potential

1711

01:11:40,870 --> 01:11:38,560

to me that has always been the number

1712

01:11:44,149 --> 01:11:40,880

one thing is a freedom

1713

01:11:47,830 --> 01:11:44,159

it grants us the freedom to

1714

01:11:51,189 --> 01:11:47,840

go beyond our limitations go beyond

1715

01:11:54,709 --> 01:11:51,199

our identifications and be

1716

01:11:58,390 --> 01:11:54,719

able to dynamically experience

1717

01:12:01,910 --> 01:11:58,400

a new world every moment every day

1718

01:12:04,870 --> 01:12:01,920

okay without without any boundaries

1719

01:12:08,149 --> 01:12:04,880

without saying oh this is how it is

1720

01:12:10,310 --> 01:12:08,159

you know this is what is all about no

1721

01:12:11,350 --> 01:12:10,320

we just sort of discovering it again and

1722

01:12:14,870 --> 01:12:11,360

again new

1723

01:12:16,470 --> 01:12:14,880

because we are now part of that thing we

1724

01:12:22,709 --> 01:12:16,480

are discovering

1725

01:12:25,750 --> 01:12:22,719

ourselves which is it

1726

01:12:28,790 --> 01:12:25,760

okay and there when there

1727

01:12:32,070 --> 01:12:28,800

lies a incredible liberation

1728

01:12:35,669 --> 01:12:32,080

and also there lies the ecstasy

1729

01:12:36,870 --> 01:12:35,679

it brings this ecstasy to be found in

1730

01:12:40,870 --> 01:12:36,880

living

1731

01:12:44,229 --> 01:12:40,880

every moment because we are not tied

1732

01:12:47,430 --> 01:12:44,239

up we are not tied to one single things

1733

01:12:51,590 --> 01:12:47,440

to to one belief to one theory

1734

01:12:52,229 --> 01:12:51,600

to one model we transcend that and we

1735

01:12:57,669 --> 01:12:52,239

are opening

1736

01:13:01,510 --> 01:12:57,679

ourselves up to be explorers

1737

01:13:03,830 --> 01:13:01,520

not knowing what is to come next

1738

01:13:05,030 --> 01:13:03,840

and it's beautiful because we already

1739

01:13:08,310 --> 01:13:05,040

know

1740

01:13:11,830 --> 01:13:08,320

we are it and we cannot get

1741

01:13:14,709 --> 01:13:11,840

lost whatever we explore

1742

01:13:17,990 --> 01:13:14,719

and discover is another level of our

1743

01:13:22,870 --> 01:13:18,000

ecstasy of our ecstatic living

1744

01:13:25,910 --> 01:13:22,880

and and any beliefs which don't allow us

1745

01:13:29,030 --> 01:13:25,920

this exploration of freedom

1746

01:13:31,189 --> 01:13:29,040

uh they're just limiting us and that's

1747

01:13:35,270 --> 01:13:31,199

why

1748

01:13:38,310 --> 01:13:35,280

i'm not anti-religious because um

1749

01:13:41,510 --> 01:13:38,320

they they they do explore

1750

01:13:43,669 --> 01:13:41,520

give people um stepping stones

1751

01:13:45,110 --> 01:13:43,679

you know but when you come to the last

1752

01:13:47,750 --> 01:13:45,120

stepping stone

1753

01:13:49,510 --> 01:13:47,760

or they let's say they're they create a

1754

01:13:52,149 --> 01:13:49,520

scaffolding

1755

01:13:53,430 --> 01:13:52,159

you know which we but once we build the

1756

01:13:56,390 --> 01:13:53,440

sculpture

1757

01:13:56,950 --> 01:13:56,400

we don't need the scaffolding you know

1758

01:14:02,070 --> 01:13:56,960

we

1759

01:14:04,390 --> 01:14:02,080

you know that's that's the thing with

1760

01:14:07,430 --> 01:14:04,400

religions that's why i find

1761

01:14:09,590 --> 01:14:07,440

i find them always limiting but

1762

01:14:11,750 --> 01:14:09,600

but religious people don't like to talk

1763

01:14:14,070 --> 01:14:11,760

about freedom

1764

01:14:15,510 --> 01:14:14,080

you know they don't like that word very

1765

01:14:17,830 --> 01:14:15,520

much

1766

01:14:18,630 --> 01:14:17,840

juggernaut they goes absolutely

1767

01:14:21,750 --> 01:14:18,640

wonderfully

1768

01:14:23,990 --> 01:14:21,760

beautiful so fantastic and i can't think

1769

01:14:26,470 --> 01:14:24,000

of a better way to

1770

01:14:28,229 --> 01:14:26,480

wrap up this terrific conversation

1771

01:14:31,350 --> 01:14:28,239

you've treated me to

1772

01:14:33,189 --> 01:14:31,360

can you tell folks a little bit about

1773

01:14:34,870 --> 01:14:33,199

what else is going on in your world how

1774

01:14:37,750 --> 01:14:34,880

they might keep track of

1775

01:14:38,870 --> 01:14:37,760

what you're doing and i definitely want

1776

01:14:40,470 --> 01:14:38,880

to point them to those

1777

01:14:42,630 --> 01:14:40,480

youtube videos you did that were

1778

01:14:44,149 --> 01:14:42,640

fantastic what else do they need to know

1779

01:14:47,270 --> 01:14:44,159

about

1780

01:14:49,990 --> 01:14:47,280

yes i mean i belong to a group

1781

01:14:51,510 --> 01:14:50,000

of afterlife researchers which is very

1782

01:14:53,669 --> 01:14:51,520

interesting it's a very interesting

1783

01:14:56,950 --> 01:14:53,679

beautiful group because

1784

01:15:00,149 --> 01:14:56,960

they explore the whole whole territory

1785

01:15:03,430 --> 01:15:00,159

of the afterlife and i've been a member

1786

01:15:06,950 --> 01:15:03,440

and once a month i that people

1787

01:15:07,750 --> 01:15:06,960

gather questions and and i try to answer

1788

01:15:11,030 --> 01:15:07,760

them from

1789

01:15:12,310 --> 01:15:11,040

my sort of experience and and that's

1790

01:15:16,390 --> 01:15:12,320

really interesting

1791

01:15:18,310 --> 01:15:16,400

because um some of these questions

1792

01:15:19,910 --> 01:15:18,320

allow me to bring out things which are

1793

01:15:21,590 --> 01:15:19,920

not widely known

1794

01:15:23,750 --> 01:15:21,600

you know and and therefore there's

1795

01:15:27,030 --> 01:15:23,760

always something new coming out

1796

01:15:29,990 --> 01:15:27,040

the other thing is um

1797

01:15:30,950 --> 01:15:30,000

yeah i mean because i mean mainly an

1798

01:15:34,470 --> 01:15:30,960

artist

1799

01:15:36,870 --> 01:15:34,480

and the virtual reality is what uh

1800

01:15:38,310 --> 01:15:36,880

what i'm really sort of at the moment

1801  
01:15:41,110 --> 01:15:38,320  
exploring

1802  
01:15:41,990 --> 01:15:41,120  
and i had a lot of help people trying to

1803  
01:15:45,030 --> 01:15:42,000  
uh

1804  
01:15:48,149 --> 01:15:45,040  
make it possible for me to

1805  
01:15:51,590 --> 01:15:48,159  
to go into any depths so hopefully

1806  
01:15:52,310 --> 01:15:51,600  
um i will be able to find some very

1807  
01:15:54,630 --> 01:15:52,320  
practical

1808  
01:15:55,590 --> 01:15:54,640  
and very illustrative ways of taking

1809  
01:15:58,790 --> 01:15:55,600  
people

1810  
01:16:00,870 --> 01:15:58,800  
into uh realities via documentation

1811  
01:16:03,590 --> 01:16:00,880  
which they can experience

1812  
01:16:04,709 --> 01:16:03,600  
and and hopefully it will lead a bit

1813  
01:16:07,030 --> 01:16:04,719

further than that

1814

01:16:08,630 --> 01:16:07,040

you know hopefully i mean the ultimate

1815

01:16:11,510 --> 01:16:08,640

goal would be to

1816

01:16:14,310 --> 01:16:11,520

devise a tool which hopefully will

1817

01:16:16,709 --> 01:16:14,320

trigger lucid dreams in people

1818

01:16:17,669 --> 01:16:16,719

that that is the goal so people have

1819

01:16:19,590 --> 01:16:17,679

connected with

1820

01:16:20,709 --> 01:16:19,600

their own experience first of all by

1821

01:16:23,910 --> 01:16:20,719

getting

1822

01:16:27,590 --> 01:16:23,920

a much closer feeling of

1823

01:16:30,630 --> 01:16:27,600

an alternate reality by maintaining uh

1824

01:16:31,910 --> 01:16:30,640

wakefulness okay but in alternate

1825

01:16:34,070 --> 01:16:31,920

reality

1826

01:16:35,110 --> 01:16:34,080

and therefore making it easier to make

1827

01:16:37,270 --> 01:16:35,120

the jump

1828

01:16:39,350 --> 01:16:37,280

into the dream consciousness and then

1829

01:16:40,229 --> 01:16:39,360

perhaps trigger a lucid dream and that's

1830

01:16:44,070 --> 01:16:40,239

what i'm

1831

01:16:46,229 --> 01:16:44,080

i'm aiming for well that's just

1832

01:16:48,470 --> 01:16:46,239

fantastic work i mean anyone who isn't

1833

01:16:51,830 --> 01:16:48,480

excited about all those things man that

1834

01:16:52,630 --> 01:16:51,840

could be truly culture changing history

1835

01:16:55,270 --> 01:16:52,640

changing

1836

01:16:56,870 --> 01:16:55,280

although we don't know what effects

1837

01:16:57,669 --> 01:16:56,880

those kind of things have but we have to

1838

01:17:00,950 --> 01:16:57,679

go forth

1839

01:17:04,310 --> 01:17:00,960

and try the best we can our guest again

1840

01:17:06,550 --> 01:17:04,320

has been jurgen ziva it's terrific

1841

01:17:08,390 --> 01:17:06,560

terrific to connect with you

1842

01:17:11,030 --> 01:17:08,400

thanks again jurgen so much for joining

1843

01:17:14,070 --> 01:17:11,040

me thanks alex so it's a great pleasure

1844

01:17:15,830 --> 01:17:14,080

talking to you thank you thanks again to

1845

01:17:16,870 --> 01:17:15,840

your gonziva for joining me today on

1846

01:17:18,709 --> 01:17:16,880

skeptico

1847

01:17:21,030 --> 01:17:18,719

the one question i have to tee up and

1848

01:17:21,990 --> 01:17:21,040

it's not i guess so much of a question

1849

01:17:24,310 --> 01:17:22,000

really but

1850

01:17:25,189 --> 01:17:24,320

what do you make of jurgen's experience

1851

01:17:31,669 --> 01:17:25,199

of

1852

01:17:33,910 --> 01:17:31,679

there's something there that i think is

1853

01:17:35,110 --> 01:17:33,920

central to this whole thing that we're

1854

01:17:38,229 --> 01:17:35,120

talking about

1855

01:17:41,669 --> 01:17:38,239

and jurgen is such an awesome embodiment

1856

01:17:43,270 --> 01:17:41,679

of what he's talking about isn't he

1857

01:17:45,030 --> 01:17:43,280

so what do we think of that what do you

1858

01:17:48,470 --> 01:17:45,040

think of that is that

1859

01:17:50,950 --> 01:17:48,480

too light in love for you or

1860

01:17:52,310 --> 01:17:50,960

how do you process that let me know your

1861

01:17:53,830 --> 01:17:52,320

thoughts i'd love for you to jump over

1862

01:17:55,830 --> 01:17:53,840

to the skeptical forum and

1863

01:17:57,669 --> 01:17:55,840

leave a comment there leave a note there

1864

01:17:59,590 --> 01:17:57,679

really dig into it

1865

01:18:01,270 --> 01:17:59,600

but if you're not so inclined find

1866

01:18:03,430 --> 01:18:01,280

another way to

1867

01:18:05,189 --> 01:18:03,440

telepathically send me a message and

1868

01:18:07,750 --> 01:18:05,199

tell me what you're thinking

1869

01:18:09,830 --> 01:18:07,760

as always thanks so much for joining me

1870

01:18:13,030 --> 01:18:09,840

on this little journey that i'm on

1871

01:18:14,550 --> 01:18:13,040

and for sharing it with others who you

1872

01:18:19,280 --> 01:18:14,560

think need to hear it

1873

01:18:24,830 --> 01:18:19,290

until next time take care and bye for